

Up-coming Community Events

July 2009

- **18-** ICUC Health & Wellness for All in San Bernardino from 8am- 12pm. For more information call Our Lady of Hope (909) 884-6375
- **20** – Focusing on Our Community’s Ultimate Success (FOCUS) Proejct Teen Pregnancy Prevention and SCIP Collaboarative Partnership Meeting 3:30-5:00pm. Victor Valley Public Health Clinic. 16453 Bear Valley Road, Hesperia 92345. For more information please contact Eileen Guerrero at (909) 383-3013 or eguerrero@dph.sbcounty.gov
- **21-** Inland Empire Disabilities Collaborative Meeting 9:30-11:30am at IEHP, 303 E Vanderbilt Way, San Bernardino, CA 92408 (909) 890-5833. Network, advocate and partner with us as we promote equal opportunity, universal access, and full participation in all aspects of life.
- **24-** Alder Middle School - Community Resource Fair from 10am -1 pm. For more information Erika Peraza 909-357-5330
- **25-** Home Foreclosure Prevention Seminar sponsored by HUD and the Inland Empire Economic Recovery Corporation (IEERC) from 8am to 2pm at Cal State University San Bernardino located at 5500 University Parkway, San Bernardino CA 92407. Home owners will have an oppotunity to meet one-on-one with their lender or a nonprofit housing counselor. To register visit www.ieerc.org or for more information call 1(877) 418-7943
- **25-** VVCH's Kids Care Fair in Victorville from 8 am - 1 pm. There will be fee Immunizations, physicals, dental & vision for Children. For more information call Gloria Pierce 760-955-6506

August 2009

- **1-** Million Father March in Riverside from 8 am - 2 pm. For more information call 909-895-3765
- **1-** Walking on the Right Path in Riverside form 12 pm - 4 pm. For more information call Stephen Flores 909-248-8274
- **1-** Relay For Life in Chino being starts at 9am. For more information call ACS 1-800-227-2345
- **6-** Obtain Control with QuickBooks Workshop, Thursday, August 6, 2009 from 6:00pm – 8:00pm. Join La’Vonne Shields from Management Consultants of America and learn how to perform day-to-day business bookkeeping functions, such as invoicing, purchasing, banking and much more. Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP. You can also register at 909-890-1242.
- **8-** San Bernardino Community Resource Fair in San Bernardino from 10 am -2 pm. Form more information call Darlene Gilbert 909-200-6067
- **13-** Time Management Workshop, Thursday, August 13, 2009 from 6:00pm – 8:00pm. If you’re doing more and enjoying it less, it’s time to make real choices about how and when to spend your time. This seminar gives you the tools to find a balance, achieve your goals and be more effective and productive. Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP. You can also register at 909-890-1242.
- **15-** Air Quality Health Fair in San Bernardino from 9 am - 2 pm. Form more information call Kathy Olguin 909-383-1134

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- **20-** Community Assistance Program CAP Collaborative Meeting, 7623 East Ave. Fontana 92336. (909) 463-0103 #198, www.FontanaCAP.org. CAP monthly meetings are held on the third Thursday of each month, from 9 am to 11 It's a great way for non-profits, schools, churches, and government personnel to get acquainted and network
- **29-** Parent Summit & Resource Fair in San Bernardino from 8 am - 1:30 pm. Form more information call 909-880-4057

September 2009

- **1-** Raising a Money Smart Child Workshop, Thursday, September 1, 2009 from 6:00pm – 8:00pm. A parent's guide to providing children with the necessary basic financial skills as early as possible. It's never too early to develop good saving and spending habits. Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP.
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- **17-** Ebay Workshop, Thursday, September 17, 2009 from 6:00pm – 8:00pm. Come join us as we teach you how to start your very own EBay Business! Learn how to turn your "Stuff" into real "CASH"! It is Fun and not too complicated. You will leave the class ready to begin SELLING! This is a FREE Class and can potentially bring you extra money, which you have lying around the house or in your garage/storage. Practically anyone can learn how to make money on EBay, let us teach you how! Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP.
- **19-** Fontana Police Department Child Safety and Health Fair. We are in need of vendors to provide services, info, give a ways and activities for children and their families regarding health and safety. Saturday, September 19th from 10:00am-2:00pm in the Fontana Police Department parking lot. Please contact Heather Howard at 909-350-7758 for more information
- **24-** ABC's of Starting Your Own Business Workshop, Thursday, September 24, 2009 from 6:00pm – 8:00pm. Understand steps to starting a business, funding, license, permits and business plan writing. Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP. You can also register at 909-890-1242.

October 2009

- **1-** Strategic Approach for Business Management Workshop, Thursday, October 1, 2009 from 6:00pm – 8:00pm. Explore opportunities with Eddy Sumar from ER\$ Consulting and create a plan, define Objectives, identify resources and outline strategies for success. Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP. You can also register at 909-890-1242.

- **8-** How to Read & Understand Your Financial Statements Strategic Approach for Business Management Workshop, Thursday, October 8, 2009 from 5:30pm – 8:00pm. This workshop will help you understand and use financial statements to better manage and grow your business. Our instructor, Lucia & Co., provides accounting and tax services, including QuickBooks training with exceptional customer service all in a friendly, welcoming environment. Class will be held at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP. You can also register at 909-890-1242.
- **10-** Pacific Lifeline's fundraising banquet – Etiwanda Gardens, 6:00 p.m. For more information email Kirsten Grubb at k.grubb@pacific-lifeline.org
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- **15-** Couples and Money Workshop, Thursday, October 15, 2009 from 6:00pm – 8:00pm. This seminar helps couples communicate about money matters, offers money and budget saving tips, and helps couples develop a spending plan for their future goals. Class will be held at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP.
- **17-** Alternate Avenues Fall Fundraising Banquet! To be held at the Ontario Doubletree Inn. If you are willing to help underwrite this event, please contact Kirk Bauer at (909) 621-4800 or via email alternate.avenues2@verizon.net Our guest speaker is to be announced. Alternate Avenues celebrates its 20th Anniversary this year! Please join us for an incredible 20th anniversary celebration and fundraising dinner. Please contact Marie Monsalve at altaveevents@verizon.net for more info!
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- **22-** Understanding Your Credit Report and Score Workshop, Thursday, October 22, 2009 from 6:00pm – 8:00pm. Learn what's on a credit report, how it gets there, how your credit score is calculated, and how good credit habits can improve your score. Class will be held at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP.
- **26-** ARMC's 7th Annual Health & Safety Fair in Colton from 10 am - 2 pm, Free Health Screenings & Safety Demonstrations. For more information call Free Health Screenings & Safety Demonstrations

November 2009

- **12-** Surviving the Holidays Workshop, Thursday, November 12, 2009 from 6:00pm – 8:00pm. Learn to prepare for costs associated with the holidays, manage your holiday spending, and begin your New Year without holiday debt. Class will be held at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP.
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- **19-** “Is Your Relationship Safe?” Class, Thursday, November 19, 2009 from 6:00pm – 8:00pm. Our class will help you answer this and other questions. How to be safe in your home? How to keep your children safe? Safety planning for someone involved in an abusive relationship is a necessary and important step and this class will help you with the process. Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP.

December 2009

- **3-** Writing a Winning Business Plan Workshop, Thursday, December 3, 2009 from 5:30pm – 8:00pm. Understand the basic concepts and information to be included in a business plan. Class will be hold at the Cypress Community Center, 8380 Cypress Avenue, Fontana, CA 92336, all classes for free to registration call (909) 463-0103 Ext. 198 CAP. You can also register at 909-890-1242.
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