

# Counseling

<b>Adult Mental Health Community Hospital of San Bernardino</b> Offers out patient programs, psychiatric inpatient	(909) 877-6333
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<b>Alternate Avenues, 9675 Monte Vista Ave # G, Montclair</b> Provides outreach and services to young women in crisis pregnancy situations. Offers free pregnancy testing, options counseling, support, referrals, and ultra-sounds. Services are free when medically necessary. www.alternateavenues.org	(909) 398-4838
<b>Behavioral Health</b> Fontana Rialto Upland San Bernardino	(909) 854-3420 (909) 421- 9200 (909) 579-8100 (909) 387-7200
<b>Bilingual Family Counseling, Ontario</b> Provides treatment of chemical dependency and co-dependency for individuals, families, and groups. Offers child play therapy, parenting classes, drug education. D.P.S.S. Referrals only, P.C. 1000 Court Referrals.	(909) 986-7111
<b>Caritas Counseling Catholic Charities, Colton</b> Provides marriage, family, child, parenting, and anger management counseling. Free Service. Limited Spanish assistance available. Closed at Lunch between 1:00- 2:00 P.m.	(909) 763-4970
<b>Catholic Charities, San Bernardino</b> Provides food, shelter, counseling, utility, rental assistance, preventative services, immigration, athletics for youth, and public benefits application advocacy.	(909) 388-1239 (909) 880-3625
<b>Center for Healing Childhood Trauma, Rialto</b> Provides counseling to children and families in sexual abuse; parent education, parent and child interactive therapy, and anger management.	(909) 875-5288
<b>Center of Christ Ministries, San Bernardino</b> Provides church services, marriage counseling, and food programs. www.CenterofChrist.org	(909) 923-3179
<b>Charles Koehler Amvets Post 1240, Fontana</b> Provides Veterans' services and counseling. Offers Kindergarten through 12th grade scholarship programs.	(909) 823-2600
<b>Chino Human Services</b> Provides parenting classes, anger management, drug diversion, court referrals, and Penal Code 1000 are handled. Ages 5 to 18 and their families' \$26.00 fee.	(909) 933-6341
<b>Ontario Community Counseling</b> Provides individuals with dual diagnosis having both chemical dependency and mental health needs. Sliding fee scale available. Upland Clinic	(909) 933-6 341 (909) 579-8100
<b>Christian Family Counseling Service</b> Provides counseling services for individuals, couples, children, adolescents, and adults.	(951) 682-7138
<b>Clinebell Institute, Claremont</b> Provides a spiritually centered environment with trained pastoral counselors for individuals, couples, families, or groups at the Claremont United Methodist Church. Sliding fee scale available.	(909) 451-3690
<b>Family Service Agency of San Bernardino 7993 N. Sierra Ave. Fontana Suite F 92336</b> Provides family education, crisis and information hotlines, domestic violence groups, and intervention treatment programs for high-risk youth.	(909) 822-3533

<b>Holy Family Services, Adoption and Foster Care</b>	(800) 464-2367
State licensed 501 © (3) agency in San Bernardino. Established in 1949 providing free counseling and adoption services for women and unplanned teen pregnancies Services available 24 hours a day, 365 days of the year including holidays and weekends. Visit web site for more information: <a href="http://www.hfs.org">www.hfs.org</a>	
<b>Inland Behavioral and Health Services, 1960 North "E" Street, San Bernardino</b>	(909) 881-6146
Substance abuse treatment, mental health improvement, homeless services, and prevention education. Sliding fee scale available.	
<b>Inland Family Health Community Center, 665 North "D" Street, San Bernardino</b>	(909) 708-8158
Offering Medical, dental, OBGYN.	
<b>Mountain Valley Community Church, Fontana</b>	(909) 357-9377
Offers NA/AA meetings, mental health and family counseling by appointment only.	
<b>Nueva Vida Clinic, 290 North 10<sup>th</sup> Street #102, Colton</b>	(909) 825-6188
Provides County Mental Health Services: crisis intervention	
<b>Olive Branch Counseling Center, Rancho Cucamonga</b>	(909) 989-9030
Provides counseling and/or mediation in divorce and with teen anger issues. Sliding fee scale available for one-on-one counseling. Offers Anger Management, Victim Awareness, Weapons Diversion, Petty Thief Class and Accountability. Classes are offered at a set cost per class <a href="http://www.olivebranchcounselingcenter.org">www.olivebranchcounselingcenter.org</a>	
<b>Ontario Pregnancy Counseling 24-Hour Hotline</b>	(909) 985-0205
Provides free pregnancy testing, counseling, layettes, and other baby items if available, as well as links to financial services. All services are free and confidential. Services available in Spanish.	
<b>Safe House for Kids, Riverside</b>	(951) 351-4418
Provides shelter for troubled youth ages 11-17 years. Three-week voluntary program offers counseling, support, and public speakers. Another facility available for young adults ages 18-21.	
Hot-line	(800) 561-6944
<b>Samaritan Counseling Center, Upland</b>	(909) 985-0513
Provides individual, couple, child and family professional counseling and related psychological services in a faith-based atmosphere. Sliding fee scale available.	
<b>Upland Community Counseling Center</b>	(909)579-8100
Provides family and individual counseling for low-income families, primarily for children; services for adults are limited and focus mainly on those who are severely mentally ill. Medi-Cal and County Insurance accepted. Charges a sliding scale.	
Fontana	(909)854-3420
<b>Walden Family Services, Riverside</b>	(951) 788-5905
Provides placement, treatment, and advocacy services for children with emotional, behavioral and/or development challenges (Foster Family Agency). Special Health Care Needs for Children.	
<b>West End Family Counseling, Ontario</b>	(909) 983-2020
Provides the following services to San Bernardino County Medi-Cal recipients only: low-cost community mental health: including individual, family, and group counseling. Certified treatment for perpetrators of domestic violence, parent education classes, and school-based services Sliding fee scale available.	