



"Helping to put the pieces together"
City of Fontana • Water of Life Community Church

Community Assistance Program

Community Resource Directory

*Providing Fontana residents with referrals
to low-cost or free community services*



Mission Statement

The City of Fontana is committed to providing residents the ability to access resources, technology, and community services. This creates the opportunity to enrich families, and enable them to lead more fruitful lives.

Water of Life Community Church is partnering with the City of Fontana to assist the community in accessing these resources through the Community Assistance Program (CAP).

*Community Assistance Program
7623 East Avenue
Fontana, CA 92336
(909) 463-0103 Ext. 198
www.FontanaCAP.org*

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Community Services

City of Fontana Clerk's Office

Clerk's Office	(909) 350-7602
Council Offices	(909) 350-7605
Records	(909) 350-6662

City of Fontana Community Development Department

Administration	(909) 350-6711
Building & Safety	(909) 350-7640

City of Fontana Department of Housing & Business Development

Business Development	(909) 350-6668
Housing Authority	(909) 350-6606
Home Ownership Assistance	(909) 350-6667

City of Fontana Human Resource Department

24- Hour Job Line	(909) 350-7652
Administration	(909) 350-7650

City of Fontana Management Services Department

Administration	(909) 350-7609
Business License / Yard Sale Permits	(909) 350-7675
Finance	(909) 350-7671
Franchises	(909) 350-6696
Sewer Billing	(909) 350-7670

City of Fontana Police Department

Administration	(909) 356-7134
Bicycle Unit	(909) 350-7764
Crime Prevention	(909) 356-7159
Dispatch	(909) 822-1121
Emergency Services	(909) 350-7778
Field Services	(909) 356-7175
Fire Department	(909) 829-4441
Investigations	(909) 350-7707
Police Chief	(909) 350-7702
Police Information Line	(909) 350-7740

Press Information Officer	(909) 350-7713
Records Information	(909) 350-7740
Recruitment and Personnel	(909) 350-7716
Special Operations	(909) 350-7733
Traffic	(909) 350-7771

City of Fontana Community Services

Abandoned or Dangerous Building	(909) 350-7686
Abandoned or Inoperative Vehicle on Private property	(909) 350-7686
Abandoned or Inoperative Vehicle on street	(909) 350-7700
Abandoned/Nuisance Animal	(909) 384-1304
Adelphia Cable	(800) 538-4770
Africanized Honey Bees	(909) 388-4600
Ambulance	(909) 477-5000
Animal & Care Program	(877) 447-6726
Animal Control—SPCA	(909) 384-1304
Assessor's Office	(909) 427-1660
Belligerent Person	(909) 350-7700
Broken/Burned Out Street Light	(909) 357-6888
Burrtec Waste	(909) 822-9739
California Speedway	(909) 429-5000
Caltrans	(909) 383-4561
Chamber of Commerce	(909) 822-4433
Child Care License	(909) 782-4200
Child Support/DA.	(909) 987-9984
City Hall	(909) 350-7600
City of Fontana Job Line	(909) 350-7652
Clogged Storm Drain -After Hours	(909) 350-7700
Code Enforcement	(909) 350-7686
Community Services	(909) 428-8360
County General Information	(909) 387-2020
Court House (Fontana)	(909) 350-9322
Court House (Rancho Cucamonga)	(909) 945-4131
Crawford Canyon Water	(909) 824-5352
Cucamonga County Water District	(909) 987-2591
Damaged Bus Shelter or Concrete Bench	(800) 966-6428
Damaged Sidewalk	(909) 350-6760
Dangerous Animal	(909) 350-7700

Dead Animal	(909) 384-1304
Department of Motor Vehicles	(800) 777-0133
Department of Social Services	(909) 428-8490
Dog license	(909) 350-6565
Employment Office	(800) 300-5616
Fair Housing (Inland)	(800) 321-0911
Fallen Tree in Street	(909) 350-7700
Fire Ants	(909) 387-2105
Fontana Housing Ownership Assistance	(909) 350-6667
Fontana Water Company	(909) 822-2201
Gangs	(909) 350-7700
Graffiti - in progress	(909) 350-7700
Graffiti - Removal	(909) 350-4663
Hazardous waste	(800) 338-6942
Health Department	(800) 782-4264
Home Energy Program	(800) 506-1144
Kaiser Library	(909) 357-5900
KFON Cable Channel 3	(909) 357-2346
Library	(909) 822-2321
Loud Noise Complaint	(909) 350-7700
Marygold Mutual Water	(909) 877-0516
Metrolink	(800) 371-5465
Mid Valley Landfill	(909) 822-4871
Missing/Damaged Sewer or Drain Cover	(909) 350-7700
Non-Functioning Traffic Light	(909) 350-7700
Nuisance Bar	(909) 350-7700
Nuisance Pay Phone	(909) 350-7700
Open Fire Hydrant	(909) 822-2201
Open Fire Hydrant- After Hours	(909) 428-8746
Overflowing Dumpster	(909) 822-2396
Overgrown Weeds	(909) 350-7686
Parks & Landscape Hotline	(909) 428-7275
Passport Information	(909) 350-7635
Post Office	(800) 275-8777
Pothole Repairs	(909) 350-6760
Public Health Department	(909) 458-9716
Public Services	(909) 350-6760
R.A.P. & Mobile Recreation	(909) 428-8360

Recreation & Community Services	(909) 428-8360
Refuse/Recycling/Used Oil	(909) 350-6789
Registrar of Vote	(909) 387-8300
San Bernardino County Information Line	(909) 387-2020
San Bernardino County Records	(909) 387-8314
SBC	(800) 310-2355
Senior Information	(909) 829-8515
Sewer Overflow or Flooded Street	(909) 350-6760
Sewer Service	(909) 350-7670
Shopping Cart Retrieval - except Stater Bros.	(800) 252-4613
Sink Hole Collapsed Street	(909) 350-7700
Social Security	(800) 772-1213
Social Services/ Child Abuse	(909) 350-4949
Southern California Edison	(800) 684-8123
Southern California Gas Company	(800) 427-2200
Special Event Hotline	(909) 428-8361
Sports Hotline	(909) 428-6644
Street or Traffic Sign Down	(909) 350-6760
Street or Traffic Sign Down After Hours	(909) 350-7700
Suspected Arson Info Line	(909) 386-8400
Traffic Problem	(909) 350-6600
Trash or Debris on Private Property	(909) 350-7686
Trash/Overgrown Weeds in Street	(909) 350-6760
Tree Limb in Electrical Wire	(800) 611-1911
U.S. Post Office (Fontana)	(800) 275-8777
Uncollected Trash	(909) 822-2396
Unsanitary Animal Condition	(909) 384-1304
Vector Control	(909) 388-4600
Verizon	(800) 483-4000
Water Quality	(909) 822-2201
Water Service or Leaks	(909) 822-2201
We Tip Inc	(800) 782-7463
West S.B. County Water	(909) 875-1804
Yard Sale Permits	(909) 350-7675

Fontana Area Newspapers

Black Voice New	(909) 888-5040
El Sol Newspaper	(909) 370-2111

Fontana Herald News	(909) 822-2231
Inland Daily Bulletin Newspaper	(909) 987-6397
Press Enterprise Newspaper	(909) 806-3000
San Bernardino County Sun Newspaper	(909) 889-9666
Westside Story Newspaper	(909) 384-8132

Organization, Service Clubs and Business Associations

American Legion Post 262	(909) 823-8061
American Legion Steele Town 772	(909) 829-9490
American Red Cross	(909) 822-0535
Assistance League of the Foothill Communities	(909) 987-2813
Better Business Bureau	(909) 825-7280
Boy Scouts of America	(909) 983-4534
Boys and Girls Club (Fontana)	(909) 822-4988
Fontana Breakfast Lions Club	(909) 356-3663
Fontana Historical Society	(909) 823-3846
Fontana Woman's Club	(909) 823-2637
Girl Scouts of America	(909) 307-6555
Hispanic Chamber of Commerce	(909) 983-8810
Inland Valley Economic Development Corporation	(909) 623-1946
Kiwanis Club of Fontana (L.A.C.)	(909) 829-7884
Latino Business Council	(909) 984-2458
Mummers	(909) 822-4052
Retired Teachers Assoc.	(909) 823-1676
Rotary Club of Fontana	(909) 822-1751
Soroptimist International Montclair / Inland Valley	(909) 624-9110
Veterans of Foreign War #6563	(909) 823-2600

Recreation

Cypress Community Center	(909) 428-8335
Don Day Community Center	(909) 428-8383
Jack Bulik Community Center	(909) 350-2402
Knopf Senior Center	(909)428-8376
Miller Fitness Center	(909) 428-8363
Nature Center	(909) 428-8386

School

Chaffey Community College	(909) 987-1737
Chaffey Joint Union School District	(909) 988-8511
Colton Joint Union School District	(909) 876-4216
Etiwanda School District	(909) 899-2451
Fontana Unified School District	(909) 357-5000
Rialto Unified School District	(909) 820-7700

Youth Programs & Sports Organizations

AM-COM Sports Organization	(909) 981-2571
AYSO (American Youth Soccer Organization)	(909) 369-0667
BBI Training Center	(909) 483-4000
Boy Scouts of America Old Baldy Council	(909) 983-4534
Boys & Girls Clubs Fontana	(909) 822-4988
Calvary Men's Adult Softball	(909) 881-6167
Camp Fire USA Mt. San Antonio Council	(909) 624-5076
Chivas Soccer Club	(909) 428-6257
District 21 Little League	(909) 350-8220
Fontana American Little League	(909) 829-1932
Fontana Community Little League	(909) 357-1284
Fontana Elks Little League	(909) 822-5628
Fontana Faith Softball	(909) 428-4945
Fontana Girls Fast Pitch Softball	(909) 328-1135
Fontana Moose Jr/Sr Baseball	(909) 770-2852
Fontana Pony Baseball	(909) 349-7696
Fontana Soccer League	(909) 822-8350
Girl Scouts USA Spanish Trails	(909) 399-0808
Jr. All American Football	(909) 936-0629
Pop Warner Football	(909) 823-4040
Rocksteady Softball	(909) 356-5529
SCYCO Inland Empire Soccer	(909) 356-4886
Southbridge Little League	(909) 357-0962
Southwest Police Little League	(909) 823-6786
The Garage Youth Center	(909) 627-0927
United Soccer ACA League	(909) 356-5217
Universal Soccer League	(909) 823-6569
YMCA Family Rancho Cucamonga/Fontana	(909) 987-0777

Other Frequently Called Numbers

Birth/Death/Marriage Certificates San Bernardino County Records	(909) 387-8314
Child Protective Services	(909) 945-3787
Child Support	(909) 987-9984
Department of Motor Vehicles	(800) 777-0133
Gas Company	(800) 427-2200
Juvenile Court	(909) 387-7538
Public Health Department	(909) 458-9716
Restraining Orders	(909) 387-3922
Social Security	(800) 772-1213
Southern California Edison	(800) 655-4555

Counseling

Adult Mental Health Community Hospital of San Bernardino Offers out patient programs, psychiatric inpatient	(909) 877-6333
Adult Mental Health Community Hospital of San Bernardino Offers out patient programs, psychiatric inpatient	(909) 877-6333
Alternate Avenues, 9675 Monte Vista Ave # G, Montclair Provides outreach and services to young women in crisis pregnancy situations. Offers free pregnancy testing, options counseling, support, referrals, and ultra-sounds. Services are free when medically necessary. www.alternateavenues.org	(909) 398-4838
Behavioral Health Fontana Rialto Upland San Bernardino	(909) 854-3420 (909) 421- 9200 (909) 579-8100 (909) 387-7200
Bilingual Family Counseling, Ontario Provides treatment of chemical dependency and co-dependency for individuals, families, and groups. Offers child play therapy, parenting classes, drug education. D.P.S.S. Referrals only, P.C. 1000 Court Referrals.	(909) 986-7111
Caritas Counseling Catholic Charities, Colton Provides marriage, family, child, parenting, and anger management counseling. Free Service. Limited Spanish assistance available. Closed at Lunch between 1:00- 2:00 P.m.	(909) 763-4970
Catholic Charities, San Bernardino Provides food, shelter, counseling, utility, rental assistance, preventative services, immigration, athletics for youth, and public benefits application advocacy.	(909) 388-1239 (909) 880-3625
Center for Healing Childhood Trauma, Rialto Provides counseling to children and families in sexual abuse; parent education, parent and child interactive therapy, and anger management.	(909) 875-5288
Center of Christ Ministries, San Bernardino Provides church services, marriage counseling, and food programs. www.CenterofChrist.org	(909) 923-3179
Charles Koehler Amvets Post 1240, Fontana Provides Veterans' services and counseling. Offers Kindergarten through 12th grade scholarship programs.	(909) 823-2600
Chino Human Services Provides parenting classes, anger management, drug diversion, court referrals, and Penal Code 1000 are handled. Ages 5 to 18 and their families' \$26.00 fee.	(909) 933-6341
Ontario Community Counseling Provides individuals with dual diagnosis having both chemical dependency and mental health needs. Sliding fee scale available. Upland Clinic	(909) 933-6 341 (909) 579-8100
Christian Family Counseling Service Provides counseling services for individuals, couples, children, adolescents, and adults.	(951) 682-7138
Clinebell Institute, Claremont Provides a spiritually centered environment with trained pastoral counselors for individuals, couples, families, or groups at the Claremont United Methodist Church. Sliding fee scale available.	(909) 451-3690
Family Service Agency of San Bernardino 7993 North Sierra Avenu Suite F, Fontana Provides family education, crisis and information hotlines, domestic violence groups, and intervention treatment programs for high-risk youth.	(909) 822-3533
Holy Family Services, Adoption and Foster Care State licensed 501 © (3) agency in San Bernardino. Established in 1949 providing free counseling and adoption services for women and unplanned teen pregnancies Services available 24 hours a day, 365 days of the year including holidays and weekends. Visit web site for more information: www.hfs.org	(800) 464-2367

Inland Behavioral and Health Services, 1960 North "E" Street, San Bernardino Substance abuse treatment, mental health improvement, homeless services, and prevention education. Sliding fee scale available.	(909) 881-6146
Inland Family Health Community Center, 665 North "D" Street, San Bernardino Offering Medical, dental, OBGYN.	(909) 708-8158
Mountain Valley Community Church, Fontana Offers NA/AA meetings, mental health and family counseling by appointment only.	(909) 357-9377
Nueva Vida Clinic, 290 North 10th Street #102, Colton Provides County Mental Health Services: crisis intervention	(909) 825-6188
Olive Branch Counseling Center, Rancho Cucamonga Provides counseling and/or mediation in divorce and with teen anger issues. Sliding fee scale available for one-on-one counseling. Offers Anger Management, Victim Awareness, Weapons Diversion, Petty Thief Class and Accountability. Classes are offered at a set cost per class www.olivebranchcounselingcenter.org	(909) 989-9030
Ontario Pregnancy Counseling 24-Hour Hotline Provides free pregnancy testing, counseling, layettes, and other baby items if available, as well as links to financial services. All services are free and confidential. Services available in Spanish.	(909) 985-0205
Safe House for Kids, Riverside Provides shelter for troubled youth ages 11-17 years. Three-week voluntary program offers counseling, support, and public speakers. Another facility available for young adults ages 18-21. Hot-line	(951) 351-4418 (800) 561-6944
Samaritan Counseling Center, Upland Provides individual, couple, child and family professional counseling and related psychological services in a faith-based atmosphere. Sliding fee scale available.	(909) 985-0513
Upland Community Counseling Center Provides family and individual counseling for low-income families, primarily for children; services for adults are limited and focus mainly on those who are severely mentally ill. Medi-Cal and County Insurance accepted. Charges a sliding scale. Fontana	(909)579-8100 (909)854-3420
Walden Family Services, Riverside Provides placement, treatment, and advocacy services for children with emotional, behavioral and/or development challenges (Foster Family Agency). Special Health Care Needs for Children.	(951) 788-5905
West End Family Counseling, Ontario Provides the following services to San Bernardino County Medi-Cal recipients only: low-cost community mental health: including individual, family, and group counseling. Certified treatment for perpetrators of domestic violence, parent education classes, and school-based services Sliding fee scale available.	(909) 983-2020

Credit Counseling and Money Management

Credit Bureaus

Experian

(888) 397-3742

Equifax

(800) 525-6285

Trans Union

(800) 680-7289

Debt Free Christian Credit Counseling

(800) 733-2837

Provides finance education, counseling, and debt reduction programs.

Neighborhood Partnership Housing Services

(909) 988-5979

HUD approved counseling center. Provides assistance to potential and current homeowners. Also provides individual and group counseling on credit, budgeting, default and foreclosure prevention, and pre-purchase homebuyer education.

Social Security Fraud Line

(800) 269-0271

Springboard Nonprofit Consumer Credit Management

(800) 947-3752

Provides credit, debt, and housing counseling, as well as alternatives to bankruptcy. Certified Pre Bankruptcy & Debtors Education. Visit web site for more information: www.credit.org

(951) 781-0114

Day Care and Preschool

Casa Ramona Child Care Center, San Bernardino Provides assistance with completing applications for healthcare and food programs for children 3-5 years of age. Sliding fee scale available. Interpreting services Medical & SEC. Hours: 7am - 5:30pm	(909) 889-0011
Kids in Care, San Bernardino County Superintendent of Schools County wide childcare available, for low-income/ will help finance Hours: 8-11:3am or 1:00-4:30pm	(800) 722-1091 Ext. 100
Concilo, for Spanish Speaking Villa de Niños Provides Bi-lingual day care with preschool curriculum for children of low income families; parent must be working or attending school full time. Hours: 7am - 5:30pm	(909) 484-1903
Cucamonga Head Start, Rancho Cucamonga Federally funded program for low income families in San Bernardino County. Free to parents fitting the income criteria. Head Start (preschool) for children ages 3-5. Hours: 8am-11:30 am or 12:30 pm - 4:00 pm	(909) 948-6979
Cucamonga Preschool, Rancho Cucamonga State funded preschool. Requirements are based on family size and gross monthly income. Traditional school year August – June; 2 sessions 8:25 – 11:25 a.m. or 12:05 – 3:05 p.m. To qualify, student must be 4 years of age prior to December 2 of each school year. Birth certificate, proof of current immunizations, and verification of income are required in advance.	(909) 980-1318 Ext. 303
Easter Seals, Upland Infant, Toddler & Preschool Programs for low-income or disabled children.	(909) 981-4668
Edwards Day Care, San Bernardino	(909) 888-2348
Head Start Programs For low income families.	
Ontario Maple Head Start- Hours: 8am-11:30 am or 12:30 pm - 4:00 pm	(909) 984-4117
Cucamonga Head Start- Hours: 8am-11:30 am or 12:30 pm - 4:00 pm	(909) 948-6979
Upland Head Start- Hours- 8am-11:30 am or 12:30 pm - 4:00 pm	(909) 931-0147
Chino Head Start- Hours- 8am-11:30 am or 12:30 pm - 4:00 pm	(909) 902-5115
Westminster Head Start- Ontario- Hours: 8am-11:30 am or 12:30 pm - 4:00 pm	(909) 983-0600
Preschool Services Department of San Bernardino County, Rialto Community Resource Center offering resource information.	(909) 875-5913
Project Cuddle Spanish	(888) 628-3353 (888) 483-2323
San Bernardino County Subsidized Childcare Available to families needing childcare and that qualify for program. Childcare services are also available by referral to families where children are abused, or at risk for abuse or neglect.	(909) 890-0018
San Bernardino Superintendent of Schools, Child Development Services Provides subsidies for low-income families.	(909) 384-1492
Sivaland Head Start, Fontana Offers part day and full day preschool program for children 3 and 4 years old.	(909) 428-8597
Teddy Bear Tymes Child Care Center, San Bernardino They provide child care preschool-K 6 weeks-6 years accepts some Special Needs Children.	(909) 387-0550

Disabilities Resources

Access Transportation Provides equal access to public transportation for people who are physically or cognitively unable to use regular bus service. Access provides curb-to-curb service to complement the Omni Trans fixed-route bus system. The Access service area is defined as up to 3/4 mile on either side of an existing bus route. Application processes are now through the marketing dept. Application process takes up to one month. Application phone number	(909) 383-1680 (909)-379-7100
Adult Protection Services Provides referrals for the elderly, mentally and physically disabled.	(877) 565-2020
Arthritis Foundation, Fontana Provides exercise programs for individuals with arthritis. Classes at Josephine Knopf Senior Center in Fontana. Mondays 1:00 p.m. - 2:00 p.m. Josephine Knopf Senior Center	(951) 320-1540 (909) 428- 8376
Association for Developmentally Disabled Citizens, San Bernardino Provides services to adults with developmental disabilities; facilitated by trained staff, including opportunities for paid work, community integration and leisure activities. Inland Regional Center Referral. Hrs: 8:30am - 3:30 pm.	(909) 884-6484
Blindness Support Services, 3696 Beatt Drive, Riverside Serving the needs of blind and visually impaired persons. All services are provided free of charge. Provides information and referral, Braille transcription, independent living skills training, orientation, and mobility training, rehabilitation technology, computer training, employment preparation, job development/ placement, peer support/adjustment counseling, affordable housing, and community education. Special classes are offered for blind children and their parents, as well as blind parents, and their children. Mon. - Fri 7:00am- 5:00pm Visit web site: www.blindnesssupport.com	(951) 341-9244
California Children's Services, San Bernardino Provides medical care and rehabilitation to children with physical disabilities. Offers case management and financial assistance to children who qualify. For ages newborn to 21 years old.	(909) 387-8400
California School for the Deaf, Riverside Provides parent infant program for children ages 1 -3, early childhood education for preschoolers, communication arts, elementary, middle school, high school, career / technical education, special needs, physical education, curriculum, and media services. Mastery of academic and career / technical education competencies, social and physical development standards, employment preparation skills, and a positive self-image as a deaf person are emphasized.	(951) 782-6500
California Telephone Access Program, Corona Provides free phones to help anyone that has any hearing, vision, mobility, memory loss, or speech impairment. Visit web site: www.ddtp.org	(951) 543-9576
Casa Colina Center for Rehabilitation, Pomona Provides outpatient pediatric rehabilitation services for children ages one day to 16 years of age who have orthopedic, medical, developmental or neurological disabilities.	(909) 596-7733
Chaffey College-Learning Development Center Will Program, Rancho Cucamonga The Learning Development Center is a job readiness and job placement program for students with disabilities.	(909) 652-7675
Department of Rehabilitation, San Bernardino Mission is to work in partnership with consumers, and other stakeholders to provide services, and advocacy resulting in employment, independent living, and equality for individuals with disabilities.	(909) 383-4401
Disability Rights California, L.A. Provides legal services rights of Californians with disabilities. Visit web site: www.disabilityrightsca.org	(213) 427-8747 (800) 776-5746
Early Start Family Resource Network Provides services to families with children that have disabilities ages birth to 3 years of age. All employees of the network are parents of children with disabilities. Provide support, resources, and information.	(909) 890-4792

IEHP	(866) 294-4347
Medi-Cal Health Plan providing services for persons with disabilities. Wellness programs, alternate formats, sign language interpreters, wheelchair assessments, 24-hour nurse access. Call for enrollment information.	
Inland Caregiver Resources Center, 1420 East Cooley Drive Suite 100, Colton	(909) 514-1404
Provides services to caregiver of patients with brain impairments, such as Alzheimer's, stroke, and Dementia, or who are over the age of 60. Provides information, referrals, case management, support groups, education programs, respite, counseling, and retreat. Hours: 9 am - 5 pm M-F. Visit web site: www.inlandcaregivers.org	
Inland Regional Center, San Bernardino	(909) 890-3000
Provides Case Management services for C.P. D.D. Autistic, Seizures, and other category this includes placement for board and care or sheltered workshop employment for our clients from birth until death.	
Kids 4 Ever, Loma Linda	(909) 796-7004
Dedicated to promoting, and increasing the quality of life of medically fragile, and developmentally or physically disabled children of all ages. Hours: 8 am - 5 pm M-F	
Lincoln School	(909) 983-9803
For severely handicapped children, Preschool and K-5 grade levels. Students from Fontana, Rancho Cucamonga, Upland, Ontario, Montclair, and Chino. Bus services available.	
March of Dimes, Inland Empire	(213) 637-5037
Offers education for pregnant mothers, medical information for families with members affected by birth defects in San Bernardino and Los Angeles County State wide, www.marchofdimes.com	
OPARC, 9029 Vernon Avenue, Montclair	(909) 985-3116
Provides services to adults with developmental disabilities, including opportunities for paid work, community integration, and leisure activities. Must be referred to by regional office counselor.	
Orchard Plaza Therapy Clinic, 9116 Foothill Blvd, Rancho Cucamonga	(909) 941-7177
Provides physical therapy, education, counseling and restorative services for injured and disabled persons in a non-residential facility. Accepts Medicare and Medi-Cal. Courtesy transportation provided.	
Pomona Valley Workshop, Montclair	(909) 624-3555
Provides vocational training program for adults (age 18 and older) with developmental disabilities. Training is followed by job placement.	
Preschool Services Department of Rialto Renaissance, Rialto	(909) 383-2000
Community Resource Center offering resource information.	
Recording for the Blind and Dyslexic, Upland	(909) 949-4316
Learning through listening program loans recorded academic textbooks through membership program to assist Blind and Dyslexic individuals to complete their education.	
Rolling Start, San Bernardino	(909) 884-2129
Serving individuals with disabilities. Core services include: Independent living skills, advocacy, housing information, workshops, assistive technology, deaf services, support groups, and more.	
San Bernardino County Superintendent of Schools Child Development Services	(909) 384-1492
Provides subsidies for low income families.	
San Bernardino Valley Lighthouse for the Blind, San Bernardino	(909) 884-3121
School for legally to totally blind adults. Offer transportation from clients' homes to the school. Training in Braille mobility, getting around the kitchen, cooking, basket weaving, macramé, ceramic, and sewing classes. Also offers Bible study group, computer, and Bingo.	
SEIU 6434 United Long Term Care Workers, San Bernardino	(888) 373-3018
Provides Referral services to home care workers who provide personal and/or domestic care, errands, and shopping for seniors or disabled individuals. Free to low-income or no-income individuals.	
Totally Kids, Loma Linda	(909) 796-6915
Provides Long-term sub acute facility that serves medically fragile, technology dependent children. On-site day care. Accepts Medi-Cal.	

United Cerebral Palsy, Inland Empire

Provides information to and advocacy for persons with cerebral palsy, www.ucpie.org

(760) 321-8184

Domestic Violence and Sexual Assault

Agape House, Fontana Program for young women between 18-25 years of age with children ages birth to 10 years of age, who are homeless or victims of domestic violence. Offers counseling and parenting classes. Visit web site: www.theagapehouse.org	(909) 574-5679
Alternatives to Domestic Violence, Riverside Provides individual and group counseling, temporary restraining orders, court accompaniment, children's counseling, shelter, CPS, anger management classes' community education, advocacy, and referrals. Services are free.	(800) 339-7233
Chicana Services Action Center, L.A. Homeless Shelter for Domestic And Non Domestic Violence. Free	(800) 548-2722
Desert Sanctuary / Haley House Hotline for Domestic violence. Hotline Barstow	(800) 982-2221 (760) 256-3441 (760) 256-3733
Doves of Big Bear Outreach, Big Bear Lake Provides services for Women and Children, Domestic Violence and Addiction. M-F 8:30-5:00pm Hotline	(909) 866-1546 (800) 851-7601
Downtown Work Source Center, L.A. Provides shelter for the homeless families or victims of domestic violence.	(909) 620-0383
High Desert Domestic Violence, Hesperia Provides shelter for battered women and children. 90 Day Stay – Call 1 st	(760) 843-0701
Casa-de-paz, Riverside Riverside other cites: Temecula, Corona and Hemet help for domestic violence. Outreaches for men & women, www.alternativestodz.org	(951) 683-0829 (800) 339-7233
House of Ruth Inc. Advocates for, and assists battered women and their children by providing shelter, programs, and education opportunities for safe, self-sufficient living.	(909) 988-5559
Inland Counties Legal Services, San Bernardino Assists very low income individuals, and senior citizens with legal problems; including simple wills, powers of attorney, small estates, education, family, evictions, cash aid, food stamps, SSI, and consumer. Also does community legal presentations.	(909) 980-0982 (909) 884-8615
National Domestic Violence Provides Referral to local service providers for domestic violence. Will also connect call to shelters and translate services.	(800) 799-7233
New Day Institute, Fontana Provides counseling for domestic violence, child abuse, and anger management required by the Court for individuals on probation, parole, and sex offenders. Bi-lingual.	(909) 355-3888
Option House Outreach services at the Court house in San Bernardino, to assist with completion of paperwork in temporary restraining orders and child custody. Provides shelter for domestic violence victims, offers women's support groups, and domestic violence training. Also support groups for men, www.optionhouse.org	(909) 381-3471
Project Sister Sexual Assault, P.O. Box 1369, Pomona 24 hour hotline Crisis intervention for those who have experienced sexual assault, child sexual abuse and self defense class. Hotlines Hospital, police, and court accompaniment services. Prevention education programs available. Hotline	(909) 623-1619 (909) 626-4357 (626) 966-4155 (800) 656-4673
San Bernardino Victim Services Unit Provides crime victims with access to services, referral for counseling, support for victims and their families, emergency assistance for short-term needs, special services to victims of sexual assault and domestic violence, crime prevention, and information.	(909) 387-6540

Shelter from the Storm, <i>Riverside</i> Provides shelters for women and children fleeing from Domestic Violence.	(800) 775-6055
Veronica's Home of Mercy, <i>San Bernardino</i> Provides shelter for pregnant women and their children up to 2 children, under 10 years of age.	(909) 888-9064
Victims of Crime Resource Center Offers two main services: 1. A statewide referral service. 2. A compensation program for victims of crime.	(800) 842-8467
Victor Valley Domestic Violence, <i>Victorville</i> Hotline, referrals and counseling, www.abetterwaydomesticviolence.orgvvdvatverizon.net	(760) 955-8723 (760) 955-8010

Education (Training and Placement)

<p>Baldy View ROP, 1501 South Bonview, Ontario Provides career preparation programs: business, marketing and merchandising, public service, and industrial careers. Monday – Thursday Closed on Fridays</p>	(909) 947-3400
<p>Boys and Girls Club of San Bernardino Offers computer/job training, GED preparation in English and Spanish; clerical office training, day camp off track program, and counseling programs for children from low to moderate-income levels.</p>	(909) 888-6751
<p>California Conservation Corps, Pomona Hires young people 18 to 25 years of age for a year of conservation and emergency work. Emphasizes academic and job related skills. Maximum 3 years, cannot be on probation or parole.</p>	(909) 594-4206
<p>California Scholar Share Program Provides college savings program for California families to meet costs of higher education. 5/ 29 plans tax deferred. Visit web site: www.scholarshare.com</p>	(877) 728-4338
<p>California Student Aid Commission Provides answers to questions about Cal Grants, student loans and, other state financial aid.</p>	(888) 224-7268
<p>Campfire U.S.A. Mount San Antonio, Rancho Cucamonga Provides day camp for off-track students ages 5 to 12 years of age, Club Program for youth; ESL for adults, after school programs, and youth sports, www.campfiretoday.org.</p>	(909) 466-5878
<p>Chaffey Adult School, Ontario Educational offerings to adults who want to complete work towards a high school diploma, acquire entry-level job skills, or strengthen current skills for jobs. Also offers GED, ESL, and Office Occ. Classes.</p>	(909) 983-2010
<p>Chaffey College Business and Professional Development Institute, Rancho Cucamonga Offers short-term workshops, certificate programs, and continuing education classes, including medical courses, and on-site customized training programs for food handlers.</p>	(909) 652-6041
<p>Chaffey College Workforce Preparation Center, 16855 Merrill Ave. Fontana, CA.92335 Workforce Preparation Center provides short-term workforce development training in the areas of construction, warehouse/logistics, office, as well as certificate, and degree programs. This center specializes in providing services to Cal WORKS recipients.</p>	(909) 652-7476
<p>Chaffey Joint Union High School District Ontario CLASS – Community Liaison and Academic Support Services. Serving high school students in the West end of San Bernardino County, with the exception of Chino. The Chaffey District ensures educational stability and success for pregnant and parenting teens (Cal SAFE), children, and youth experiencing homelessness (McKinney-Vento), and foster youth (AB490), and supplemental services to schools in program improvement.</p>	(909) 988-8511 Ext. 2726
<p>Chino Valley Adult School, 13271 Central Avenue, Chino Provides programs for older adults (18 years old and older): basic and vocational education, high school diploma programs, citizenship programs, GED, GED Preparation, ESL, and high school diploma.</p>	(909) 628-1201 Ext. 1555
<p>Chino Valley Unified School District Literacy Program, TYKES Resource Center</p>	(909) 628-1201 (909) 590-2612
<p>Community Hospital of San Bernardino Health Information & Education Center (HIEC) Crisis intervention program, assisting with food, formula, diapers, newborn clothing, job search, and resume writing. Helps families with children ages 5 and under. Offers classes in parenting, nutrition, weight loss, diabetes, and other informational classes. Car seat program for families who meet income criteria.</p>	(909) 887-6333 Ext. 4734
<p>DESI Job Corps, Fontana Offers no cost job training for WOMAN ages 16-24, low income. No cost living, 3 meals a day, job placement, spending money, clothing allowance, \$1200 upon graduation, drivers' education and drivers training, DMV accompaniment fees paid. GED or high school diploma program. Riverside</p>	(951) 955-8062
<p>EDD State Disability Insurance Program, San Bernardino Provides assistance to those on disability with benefits. Provides workers up to 6 weeks of benefits in a 12-month period to care for parents, children, spouses, and domestic partners or to bond with a new child. www.edd.ca.gov</p>	(909) 388-7655

Employment Development Department, San Bernardino	(909) 382-0440
Offers career information and planning, computer usage, fax / mail service, job leads, vocational training, business assistance, and limited educational assistance for the unemployed. New veteran's services. Rancho Cucamonga	(909) 948-6606
Family Technology and Learning Center, Montclair	(909) 398-1819
Free bilingual adult computer classes, Internet access, homework resources, typing lessons software, online job sites/ resume templates, and daily personalized bilingual assistance. Free online tutoring for children grades 4 through first year college, in math, science, English, and social studies. www.sbcounty.gov/library/home	
Federal Student Aid	(800) 433-3243
Provides information about federal student aid programs, tax credits for education expenses, and other sources of aid.	
Fontana Branch Library, Fontana	(909) 350-4211
Offers Adult Literacy Programs free, providing one-on-one confidential tutoring for reading as well as writing and basic math.	
Fontana Adult School, Fontana	(909) 357-5490
Provides programs for older adults (18 years and older): basic and vocational education, high school diploma programs, citizenship programs, GED, GED Preparation, ESL, and high school diploma.	
Fontana Unified School District Early Education, Fontana	(909) 357-5000, Ext. 7232
FUSD Early Education Programs include Cal-SAFE, Even Start, Infant/Toddler Care, Parents as Teachers, School Age Day Care, School Readiness, and State Preschool.	
Fontana Unified School District Career Technical Programs, Fontana	(909) 357-5000, Ext. 7395
FUSD provides Regional Occupational Programs (ROP), California Partnership Academies, Tech Prep programs, and Work Experience.	
GAIN, San Bernardino	(909) 252-4786
Workforce development and employment services for recipients of public assistance within the County of San Bernardino.	
Hermanidad Mexicana Nacional, Ontario	(909) 391-0067
Free services include consultations for migration status options, English classes, U.S. History, and government classes for those interested in citizenship, and help completing primary and secondary education for those from Mexico.	
Mexican-American League Defense Education Fund (MALDEF)	(213) 629-2512
Advocacy for educational rights, community education, leadership development, parent leadership, and scholarships for higher education. www.maldef.org	
Montclair Por La Vida Program	(909) 445-1815
Bi-lingual health education courses for Latina women, conducted weekly in a 16-week cycle. Focus is on nutrition, health, and parenting.	
Ontario-Montclair School District	(909) 459-2500
Preschool program	(909) 418-6898
Literacy Program & Family Solutions	(909) 986-1332
Rancho Cucamonga Library Literacy	(909) 477-2720 Ext. 5009
One-on-one computer literacy instruction available to tutors and learners enrolled in the program. Lessons include computer basics, word processing and surfing the Internet. Lessons are an hour-long and a reservation is required through the Literacy Office. Programs such as Ultimate Word Attack, Spell It Deluxe and Skills for Writers are available to tutors and learners to use as tutoring tools	
Reading Company, Rancho Cucamonga	(909) 297-3436
Approved no child left behind service provider. Reading and math instruction is offered, academic classes, and advocacy services on a sliding scale. Free-tutoring in 12 dist. Visit Web Site: www.reading-company.com	(888) 699-0685
Rialto Unified School District (Literacy Program)	(909) 421-4201
R.O.P., Fontana High School	(909) 357-5000 Ext. 7083
The ROP/CTSS department provides a variety of career and technical education courses and School-to-Career related services designed to prepare high school students (over 16 years of age) and adults for their future careers. Currently, the ROP offers 56 different career and technical education courses that can prepare individuals for either	

entry-level employment, upgrading of current job skills or for more advanced levels of education. Additional services provided include career guidance and job placement assistance. Many courses are approved for community college credit.

Rancho Department of Workforce Development

(909) 941-6500

Resource room offering use of computers with Internet access, MS Word, Excel, PowerPoint, Win Way resume software, copy machines, fax machines, telephones (for job search and direct lines to the State Unemployment Insurance Benefits Call-Center), typing tutor software, career assessment software, computer skills practice software, library section with practice test books, telephone directories, and material for occupational exploration, classified ads from local newspapers, and other periodicals. Also offered are workshops, job coaching, job placement services, and direct employer recruitments.

San Bernardino City USD

(909) 880-6721

PEP program (Literacy Program)

San Bernardino Valley College

(909) 384-4459

Literacy Program

Southern California Rehabilitation Services

(909) 841-2626

Satellite office at Fontana EDD office. Agency works with individuals with special disabilities whose condition is keeping them from getting a job (i.e. diabetes, schizophrenia on medication, recovering cancer patients, learning disabilities, etc.). Provides assistance in job search, identifies training needs, and provides one-on-one training or sends client to school to prepare them for employment opportunities. Offers one-on-one classes in literacy, beginning computer classes, software, etc. Agency offers on the job training and tax incentives for employers. No fee.

T.A.S.K., San Bernardino

(909) 890-9560

Offers workshops at the following location: Inland Regional Center Family Resource Library, 735 E. Carnegie Dr., San Bernardino, CA 92408. Parent information center, offering workshops for children with disabilities. No fee.

Family Services

<p>American Red Cross, San Bernardino Provides food and shelter in case of disaster (fire, flood, earthquakes, etc...) CPR and Nursing programs also available.</p>	(909) 888-1481
<p>Catholic Charities, 1450 North "D" Street, San Bernardino Provides food and shelter, child care, counseling, utility and rental assistance, job placement, preventative services, immigration, athletics for youth, and public benefits application advocacy. Community & Emergency Services Caritas Counseling Services Refugee & Immigration Services</p>	(909) 763-4970
<p>Center for Healing Childhood Trauma Family Resource Center, Rialto Provides individual treatment for children, adolescents, and adults. Couples counseling, family counseling, and group counseling in sexual abuse, and other family issues.</p>	(909) 875-5288
<p>Chicana Service Action Center Offers a resource center equipped with computers and fax machines for public use, rental assistance, clothing through donations, counseling, and job training to those in need. No fee. 24 hour hotline.</p>	(800) 548-2722
<p>Children's Network/ San Bernardino County Child Abuse Referral line and resources. Hotline Information</p>	(909) 384-9233 (800) 827-8724 (909) 387-2020
<p>Child Support Services, San Bernardino Case management services to promote the well-being of children and the self-sufficiency of families by delivering first-rate child support establishment, collection, and distribution services that help both parents meet the financial, medical, and emotional needs of their children.</p>	(909) 799-1790
<p>CPS Hotline, San Bernardino</p>	(800) 827-8724
<p>A Christian Place Magazine, Alta Loma Provides resources and referrals for families in need. Also provides information on upcoming family events within the local area.</p>	(909) 476-0551
<p>David and Margaret Home, La Verne Offers a wide range of services to surrounding communities, including: Violence Prevention through Anger Management & Drug and Alcohol Prevention Foster Family Agency & Parent Project Learning Enhancement Mentor & Volunteer Program, The Bargain Boutique</p>	(909) 596-5921 (909) 596-5921 (909) 596-5921 (909) 596-5921 (909) 596-5921
<p>Family Services, Redlands Provides low income assistance and rental assistance.</p>	(909) 793-2673
<p>Family Service Agency, Fontana Provides individual, couples, and family counseling on sliding fee scale.</p>	(909) 822-3533
<p>Family Resource Network / Early Start Provide parent support for families with children with special needs (disabilities, or at high risk for disabilities) from ages birth – 3 years of age. San Bernardino Riverside</p>	(800) 974-5553 (909) 890-4711 (909) 890-4763
<p>First 5 San Bernardino Funding agency offering programs for children birth to 5 years of age such as; parenting education, resource centers, and child development. No fee.</p>	(909) 386-7706

Funeral Expenses/Service, 7197 Brockton Avenue Suite 5, Riverside	(951) 680-9996
The Unforgettable Foundation is the fulfillment of a dream for Timothy Evans, chaplain in a Southern California children's hospital. During a decade of clinical ministry to children and their families, Evans helped dozens of families deal with the many crises' surrounding the death of a child; not the least of which is the crushing financial burden experienced by families with limited resources. Visit Web Site : www.theunforgettables.com	
Help Parents Locate Runaway Children	(800) 621-4000
This is a hotline for youth & families	(800) 786-2929
Holy Family Services Adoption and Foster Care	(800) 464-2367
Provides free counseling to birth parents and quality adoption services to prospective adoptive parents in Orange, Riverside, San Bernardino, Los Angeles, and Ventura counties. www.hfs.org .	
Orange County	(714) 528-6300
Los Angeles County	(213) 202-3900
Mercy House, Ontario	(909) 391-2630
Assistance for families and individuals with resources, bus passes, hygiene supplies, and food vouchers when available. www.mercyhouse.net	
New Hope Family Life Center, 1505 West Highland Avenue, San Bernardino	(909) 384-5428
For seniors' 60+ mortgage rebates and rent rebates, exercise classes and blood pressure checked. Hot lunches are served daily seniors \$1.50 non seniors \$3.50. Clothes closet, and other services available Walk ins welcome appointment suggested.	
New Parent Information Kit	(800) 543-7025
Free kit includes information on child safety, nutrition, early learning, and child care. No fee. Must be a CA. resident and provide proof of CA. address. www.first5sanberandino.org	
Probation Office Fontana Police Department	(909) 350-7780
Referral service to over 30 agencies to assist in family rehabilitation and parenting class. In office counseling, court referral, and adjudication/case resolution. Classes in anger management, petty theft, victim's awareness, and weapon's diversion. Call for more information. Tutoring classes held on Saturdays, as needed.	
Project Reach, 1314 East Date St. San Bernardino	(909) 881-2800
Offer GED preparation every Sat. 10:00am -1:00pm.Toddlers pre reading program Mon. -thurs.8:30-11:30 / 1:00 - 4:00pm. Pamper hand out (they can receive once monthly.) "Bundle of joy" prenatal program once a month every third Tues. monthly for mom's 18 + at 10:30am. Will pay for adult G.E.D. classes.	
Salvation Army, 1412 South Euclid Avenue, Ontario	(909) 986-6748
Provides emergency food and shelter, counseling, informal education, ESL classes, after school programs, emergency rental assistance, holiday gifts, and spiritual guidance. Visit Web Site: www.sandiego.salvationarmy.org	
Samaritan Counseling Center, Upland	(909) 985-0513
Provides individual, couple, child and family professional counseling, parenting classes, and related psychological services in a faith-based atmosphere. Sliding fee scale available.	
San Bernardino County of Children's Services-Family to Family, 9638 7th Street Rancho Cucamonga	(909) 945-3762
Providing services to families with the goals of reducing risk to children, increasing parenting skills and strengthening family support networks. www.cosanbernardino.ca.us/dcs www.aecf.org	
San Bernardino Home of Neighborly SVCS, 839 North Mt. Vernon Avenue, San Bernardino	(909) 885-3491
Provides Emergency food by appointment only. Offers for adults: ESL, Sewing, Aerobics and a nutritional class in Oct./ Nov. (for the residents of San Bernardino, Colton, Highland, Muscoy Only) at the completion of class seasonal food basket is given. Offers Youth: Boxing, dance, girl scouts and boy scouts, Tahitian dancing, Modern/ Hip Hop dancing, bike club, after school tutoring at the learning center.	
San Bernardino County Women, Infants, and Children (WIC) Program	(800) 472-2321
Provides women, infant and children supplemental nutrition programs that determine the needs and priorities for nutrition services in the County. Performs nutrition interventions, consultations, and assessments to improve and maintain the nutritional status of County residents. No fee. Visit web Site: www.wicworks.ca.gov	
Seat Check Inspections & Recall List	(866) 732-8243
www.seatcheck.org	

Social Security Administration

(800) 772-1213

Transitional Assistance Department (TAD), 7977 North Sierra Ave, Fontana

(909) 356-3160

Offers financial assistance, food stamps, and Med-Cal. Must come in DO NOT CALL.

Westside Community Service Center, 1505 West Highland Ave, San Bernardino

(909) 384-5428

Assistance with utilities, rent, food and clothing

Food Distribution Centers

Please contact these organizations for the most updated information. For some programs, appointments and / or proof of residency and income are required, so it is important to call before visiting.

Adventist Comm. Team Services (ACTS), 24914 Barton Road, Loma Linda (909) 796-8357
Provides food for emergency, call for appt. For residents only. Mon-Thur 8am-1:00pm Fri 8am-12pm

Abundant Living Outreach Center , 9269 Utica Avenue Suite 125, Rancho Cucamonga (909) 476-0300
Tues-Thurs 4:00 – 7:00pm Sat 10 – 1pm

Aging and Adult Services, 455 North “D” Street, San Bernardino (909) 388-4555

Alethian Christian Foundation, 12801 Oaks Avenue, Chino (909) 627-3635
Must show proof of income, address, identification, and social security. Picture I.D required and a utility bill for verification. Open Monday, Tuesday, and Thursday from 10:00- 2:30pm

Alliance Church, 340 East Evans, San Bernardino (909) 885-0012

American Red Cross, 209 East “I” Street, Ontario (909) 986-6651
(Only In Disaster)

Beta Center Hunger Program, 1095 West Grand Avenue, Pomona (909) 622-7278
Mon.-Fri. 9am-11:00 a.m., 1:30pm-3:00 p.m. ONLY ON MON., TUES., WEDS., & THURS
Closed on Fri., Sat., and Sun. Bring proof of: address, identification and income.

Catholic Social Services, 1800 Western Suite 107, San Bernardino (909) 880-3625
Provides food, clothes and motel vouchers. When they have them. Call, before coming.

Central City Lutheran Mission, 1354 North “G” Street, San Bernardino (909) 381-6921

Chino Neighborhood House, 13130 6th Street, Chino (909) 628-5608
9-1pm. Mon, Tues, Weds, Fri, and Sat. Call first

Church of Christ, 1335 West Mission Blvd, Ontario (909) 467-3770
Distribution on Tuesday and Wednesday at 7 p.m. Please call first

Community Action Partnership of San Bernardino County, 696 South Tippecanoe Avenue, San Bernardino (909) 723-1500
(CAPSBC) Provides emergency shelter assistance, emergency rental assistance, emergency food assistance, bus passes, food bank, and workfare program. Bring proof of income and identification. 8-5 M-F

Community Services Department, 255 East Drake, San Bernardino (909) 386-5011
Mon. - Fri. 9am -11:45am. Provides emergency food assistance & food bank.

Cornerstone Compassion Center, 903 East 3rd Street, San Bernardino (909) 888-1729
Provides emergency food and clothing.

Cross light Church, 1456 N. Grove Ontario (909) 983-6466
Provides food distribution and clothing Fridays 10 am, and showers Fridays at 9:00 am.

Delmann Heights Boys & Girls Club, 2969 North Flores Street, San Bernardino (909) 384-5417
Provides canned foods once a month on every 3rd Wednesday and bread every Wednesday.

Echoes of Faith, 5376 West Phillips Blvd, Ontario (909) 627-0927
Provides food and clothing distribution on Thursday mornings from 9a.m.-11 a.m. and the 2nd Saturday of the month. 2ed & 4th Saturday , operation fresh start 9am- 11am

Family Services Association, Redlands (909) 793-2673
Mon., Tues. & Wednesday. 9:00am-7:00pm, Thus. 9:00am-12:00pm, Fri. 9:00-4:00pm. Provides to Redlands residents only. Food & clothing (appointment only). Homeless program is on Tues. mornings.

Food Warehouse / Water of Life, 9450 7th Street Unit "N" Rancho Cucamonga (909) 463-0103
 Tuesday and Thursday 4:00p.m. – 7:00p.m.

Frazer Community Center Family Crisis Center, 1140 West Mill Street, San Bernardino (909) 889-4424
 Provides food and shelter assistance. Offers hot meals Mon.-Fri. 11:00am - 1:00pm. Closed Sat. and Sun.

God Always Provides, (G.A.P) Food Bank, 8768 Helms Ste. A, Rancho Cucamonga (909) 945-1020
 Thursday 4:30 p.m.-6:00 p.m. Provides 1 bag of food per family, bring a valid I.D with address and utility bill. Only (909) 945-5001
 one per family with a donation of \$2.00.

Helping Hands Ministry of Mount Zion, 221 West California, Ontario (909) 460-0984
 Food bank Thursday at 9:30am - until food is gone. Hot meals every Sunday 3:30-5:30pm, 480 West Monterey
 Street, Pomona. Head of Program, Nancy Nayer.
 Helping Hands (909) 730-5313

High Desert Homeless 14049 Armagosa Road, Victorville (760) 245-5991
 Shelter, meals, clothing for the whole family

His Hands, 877 North Campus Avenue, Upland (909) 981-6010
 Provides food & clothing M, T, W & TH 9am - 11:30.

Home of Neighborly Services, 839 North Mt. Vernon Avenue, San Bernardino (909) 885-3491
 Provides Emergency food and clothing for children, emergency food baskets. Assisting only San Bernardino,
 Highland and Colton residents. Mon - Thurs. by appointment only 10:30- 2:30pm. Email:
 homeofneighborlyservice@verizon.net.

Hope for the Needy / Reaching the Unreachable, Rancho Cucamonga (951) 341-4749
 Leave a message with your name, phone number, and address and food will be delivered to client's residence.

Inland Valley Council of Churches (909) 622-3806
 Food Bank in Pomona And Also San Dimas Monday- Friday 9am-11am and 1 pm -3pm.

Inland Valley Hope Partners, 505 North Palm Avenue, Ontario (909) 983 2631
 Provides food on Wednesday at 8:00am - 10:00 am. Bring poof of Ontario residency.

Inter City Volunteers, Pomona (909) 865-8853
 Provides food and help with housing needs. Seniors Only

Isaiah's Rock, 13031 7th Street, Chino (909) 628-0966
 Provides groceries on Wed. and Fri. 9am-1pm. Meals and pastries are available 7 days a week. Email:
 doublin1923@aol.com

Living Waters, Apple Valley, 21811 Ottawa Road, Apple Valley (760) 247-6488
 Food pantry, Tuesday, Wednesday, and Thursday.

Lord's Table, Victorville (760) 241-2043
 Hot meals served 11:00am-12:00 noon. M-F

Mary's Mercy Center, 641 Roberts Avenue, San Bernardino (909) 889-2558
 Provides emergency food distributions the 2nd, 3rd, and 4th Wed. of the month 1:30-3:00pm. Also offers hot meals
 6 days a week except Fri. 11:30-1:30. Showers are available for women Mon. and Wed., and for men Tues. and
 Thurs. 8:30-12:00. Clothing and toiletries available on shower days.

Meals on Wheels
 Ontario (909) 983-0203
 Upland (909) 981-0377

Mountain Valley Community Church, 8833 Palmetto Avenue, Fontana (909) 357-9377
 Provides weekly food distribution 10 am - noon each Wednesday. Seasonal food baskets at Thanksgiving and
 Christmas. ID required and can receive only once a month. NA/AA meetings. Mental and family counseling by
 appointment only. Visit web site: wwwmviewcc.org.

North Town Community Center, 10071 Freon Blvd Rancho Cucamonga 1 st Monday of every month 9am-11am.	(909) 941-7465
Ontario Christian Center, 1336 North Barker Avenue, Ontario Food bank Fridays at 5pm.	(909) 983-5269
Operation Grace, 1595 East Art Townsend Drive, San Bernardino Food Bank on Tues. from 10:00am-1:00pm No walk-ins, must have an appointment.	(909) 382-8540
Our Lady of Mt. Carmel, 10079 8th Street, Rancho Cucamonga Distributions every Tuesday from 3:00 – 4:30 p.m. Poof of Rancho Cucamonga Residency required.	(909) 987-2717
Peace In the Valley Christian Center, 17487 Arrow Blvd, Fontana 2nd & 4th Wednesday, 4:00-5:00. Provides clothing and 1 bag of groceries per family with a valid I.D, address and utility bill. Proof income-gas or electric bill with address \$3.00 fee if add. Is not on ID card.	(909)355-2008
Human Services, 7977 Sierra Avenue Fontana Transitional Assistance / Cal Works & Food stamps	(909) 356-3160
SOVA, PIVCC, Ontario Food distribution M-TH 9am – 3pm Utility Assistance, rental assistance and Hotel vouchers. Must show proof of income, address, identification for everyone in household Email: councilhunger@verizon.net	(909) 391-4882
St. George Catholic Church, 17895 San Bernardino Avenue, Fontana Helping Hands Ministry - 5 to 6:30pm every 2nd Thursday of the month ; please bring a valid picture ID and proof of residency within parish boundaries (W-Sierra N-Randall E-Pepper S-Valley)	(909) 877-1531
St. George Catholic Church, 505 North Palm Avenue, Ontario Food pantry Wednesday. 8:00- 10:00 a.m. Bring a valid I.D showing proof of Ontario residency. Come early to line up, supplies run out after the first 35 are served.	(909) 983-2637
Westside Community Service, 1505 West Highland Avenue, San Bernardino Assists with utilities, rent , food, & clothing	(909)384-5428
WIC (Women, Infants and Children), 351 North Mountain View Avenue, San Bernardino Formula and Food Assistance	(909) 942-2229

Health & Safety Programs

Access for Infants and Mothers (AIM) Provides low-cost health plan for pregnant women.	(800) 433-2611
Adult Mental Health, Community Hospital of San Bernardino Serves residents of San Bernardino County. Provides acute, short-term inpatient psychiatric care to patients 18 years and older. Also treats moderate medical problems; offers outpatient program; involuntary treatment available when unable to consent.	(909) 887-6333 Ext. 3800
American Heart Association, 930 South Mt. Vernon Avenue Suite 600, Colton Provide speakers for health fairs, heart healthy information and CPR/First Aid classes. Visit Web Site: www.americanheart.org	(909) 424-1670
Assistance League of the Foothill Communities Provides dental assistance and clothing to low-income families. (September to June)	(909) 987-2813
Arrowhead Regional Medical Center Eye Clinic, Colton Provides emergency eye care. Medi-Cal and most insurance accepted.	(909) 580-1000
Bloomington Dental Provides low income rates depending on your income. Bring proof of income.	(909) 746-0840
Department of Public Health, 351 North Mountain View Avenue, San Bernardino www.sbcounty.gov/gph	(909) 387-6280 (800) 782-4264
Foothill AIDS Project, 233 West Harrison Avenue, Claremont	(909) 482-2066
Healthy Families Offers low-cost insurance programs that provide health, dental, and vision coverage to children who do not have insurance, and do not qualify for no-cost Medi-Cal.	(800) 880-5305
Health Insurance Counseling and Advocacy Program (HICAP) Provides Medicare, managed care (HMOs), long-term care insurance and other related health insurance issues along with individual counseling. HICAP offers community education presentations. Free of charge.	(800) 434-0222
IEHP – Healthy Kids Provides subsidized health care services to children ages birth – 19 years of age. Benefits include medical, dental, vision, prescription drugs, behavioral health, and 24 hour nurse access. Call for enrollment information.	(866) 294-4347
Inland AIDS Project, 3756 Elizabeth St., Riverside Provides health care, support services, and advocacy for persons affected by HIV in the Inland Regions. Visit Web Site: www.inlandaidsprojecr.org	(951) 300-2333
Inland Empire Community Health Center, Bloomington Provides efficient, low cost, discounted, cost effective, high quality primary care (adult and pediatric), dental care, optometry, and women’s health services, especially to those who cannot afford healthcare services. The organization also services surrounding communities.	(909) 877-0510
Kaiser Permanente Cares for Kids Provides health care for ages birth to age 19 who are not eligible for Medi-Cal or Healthy Families. Office visits, vision care, prescription medicines, mental health services, substance abuse services, hospital services, and lab tests. Dental care not covered.	(800) 255-5053
Kids Come First Community Clinic, Ontario Call for programs.	(909) 673-9125
Loma Linda School of Dentistry Offers Dental cleanings, fillings, root canal treatment, braces, and implants. Pediatric Department Surgery Center for Dentistry	(909) 558-4222 (909) 558-4689 (909) 558-4663
Medicare – Social Security Office, Department of Health and Human Services Medicare is generally available for individuals age 65 or older. Visit Web Site: www.socialsecurity.gov The following also provide application assistance:	(800) 772-1213

Molina Healthcare IEHP	(800) 643-7276 (866) 294-4347
Norton Social Action Community (SAC), <i>San Bernardino</i> Sliding fee or no-cost health care. Medical and dental, physical and occupational, speech therapy, pre-natal, immunization, health promotion, and preventative care. Mental health and social work.	(909) 382-7120
Psychological and Family Services, <i>Redlands</i>	(909) 793-8312
Public Health Information www.sbcounty.gov	(909) 387-6280
San Antonio Community Hospital Dental Center for Children Child must be referred by a school health tech or qualified person while at school. Open during school year only.	(909) 920-4766
San Bernardino County Public Health AIDS/STD Control Program 799 E. Rialto Ave, <i>San Bernardino</i> Visit Web Site: www.sbcounty.gov/dph/	(909) 383-3060 (800) 722-4777
San Joaquin Valley College, 10641 Church Street, <i>Rancho Cucamonga</i> Located in Rancho Cucamonga provides dental care, including free exams, x-rays, cleaning and polishing, fluoride treatments, sealants, and preventative dental care education. Services provided by students under supervision. Mon.- Fri. 8:00 m-5:00pm closed for lunch 12:00-1:00 Fri 8:00-12:45pm.	(909) 291-8121
Tri - County Dental Society	(909) 370-2112
WIC Women Infants and Children Providing healthy foods for babies and toddlers. Call for appointment.	(800) 472-2321

Homeowner & Rental Programs

California Telephone Access Program, Santa Ana Offers free specialized telephone equipment for people who are having difficulty with using a standard telephone.	(800) 806-1191
City of Apple Valley, 14955 Dale Evans Parkway, Apple Valley Senior Home Repair Program. Residential Rehabilitation, Loan Program, Down Payment Program, Apple Valley Residents Only. NOT JUST FOR SENIORS.	(760) 240-7000 Ext.7900
City of Barstow 220 East Mountain View, Barstow Offers Home Repair Programs and Project face lift. Barstow Residents only. Contact person: Margaret Carter. Direct Line	(760) 255-5109 Ext. 109 (760) 255-5109
City of Fontana, Economic Development Dept., 8353 Sierra Avenue, Fontana Great Neighborhood Program.	(909) 350-7639
City of Grand Terrace, 2295 Barstow Road, Grand Terrace Home Improvement Program. Grant Program-up to \$1000.00 for Landscaping, Exterior Paint. Grand Terrace Residents Only.	(909) 824-6621 Ext. 2225
City of Highland, 27215 Baseline Avenue, Highland Home Improvement Program.	(909) 864-6861 ext 25 9
City of Loma Linda, 25541 Barton Rd. Loma Linda Housing Improvement Program. Loma Linda Residence Only.	(909) 799-2819
City of Rancho Cucamonga, 10500 Civic Center Drive, Rancho Cucamonga Home Improvement Program.	(909) 477-2750 Ext.4306
City of San Bernardino, 1390 North "D" Street, San Bernardino Offers Home Repair Programs and Neighborhood Housing Services of the Inland Empire.	(909) 884-6891
Community Action Partnership of San Bernardino County, 696 South Tippecanoe Avenue, San Bernardino Offering appliance repair/replacement, utility assistance, emergency shelter assistance, emergency rental assistance, emergency food assistance, bus passes, food bank, and workfare program.	(909) 723-1500
Community Development and Housing Offers Rehabilitation loans (for owners, occupants) for repairs.	(909) 388-0910
County of San Bernardino Economic Community Development Department, 290 North "D" Street San Bernardino Senior Home Repair Programs. For Adelanto, Colton, Hesperia, Twenty Nine Palms, and Yucca Valley.	(909) 388-0925
Department of Aging and Adult Services, 686 East Mill Street, San Bernardino Home Repair Aging Programs.	(800) 510-2020
Inland Fair Housing and Mediation Board, 60 East 9th Street Suite 100, Upland Educates both tenants and landlords as to their rights and responsibilities under fair housing laws. Investigates discrimination complaints and works in partnership with the United States Department of Housing and Urban Development (HUD) and the California State Department of Fair Employment and Housing (DFEH) in fighting discrimination in housing.	(909) 984-2254 (800) 321-0911
Home Energy Assistance Program (HEAP) Offers one time aid for utilities.	(800) 635-4618
Housing Agency, 316 East "E" Street, Ontario Offers Home Repair Programs and Emergency Grant Programs. Ontario Residence Only.	(909) 395-2305
Housing Authority San Bernardino	(909) 890-9533
Mercy House, 905 East Hot Blvd, Ontario Assistance for families and individuals. Monday- Friday (9am)-(1pm)	(909) 460-6768 (909) 391-2630

Neighborhood Partnership Housing Services, Ontario	(909) 988-5979
Provides assistance to homebuyers and homeowners. Programs include below market rate interest home improvement loans, construction, management assistance, family fund for home ownership, closing cost assistance loans, paint distribution, safe homes for seniors, annual paint-a-thon, annual fire and home safety education day, and community education workshops.	
Old-timers Foundation, 8572 Sierra Avenue, Fontana	(909) 829-0384
Offers Senior Home Repair Programs.	
Redlands Community Services Dept., P.O. Box 3005, Redlands	(909) 335-4755
Offers Home Repair Programs and Great Neighborhood Programs. Redlands Residence Only.	
Seniors or disabled adults that need repairs (Grant Program)	(909) 388-0925
MRB Listings of apartments with lower rates. Also single repair programs.	
SOLVA (Inland Valley Hope Partners Program), 904 East California Street, Ontario	(909) 391-4882
Offering utility assistance. Bring current proof of income, residence and an I.D for each person in household. Mon. - Fri. 9:00 - 11:30am and 1:30- 3:30pm.	
Southern California Gas Company	(800) 427-2200
Offers discounted rates through CARE program which is based on the number of persons in household and income. Visit website: www.socalgas.com	
Southern California Edison	(800) 447-6620
Offers discounted rates through CARE and FERA programs which are based on number of persons in household and income. Visit web site: www.sce.com	
Verizon	(800) 483-4000
Universal Lifeline makes local telephone service available to individuals who might not be able to afford phone service. If you qualify for Lifeline service, you are eligible to receive a reduced rate on your Verizon monthly bill. Visit website: www.verizon.com	
	(800) 924-0585

Hospitals & Clinics

Aid Healthcare Foundation (AHF), Upland Please call for information and appointment. HIV service for 18 years and over. Visit web site: www.aidshealth.org	(909) 579-0708
Arrowhead Regional Medical, 400 N. Pepper, Colton Primary care facility and emergency/trauma center. All insurances accepted, including Medi-Cal and Medicare.	(909) 580-1000
Arrowhead Regional Medical Center Health Center, 16845 Ivy Avenue, Fontana Family Center in San Bernardino	(909) 422-8029
Ballard Rehabilitation Hospital, 1760 West 16th Street, San Bernardino Specializing in physical rehabilitation. Medicare accepted.	(909) 473-1200
California Medical Clinic, 402 E Holt, Ontario Offers general family health services. Spanish & English Ability to pay. All insurances accepted 8:00am-8:00pm walk in's welcome.	(909) 467-1605
Canyon Ridge Hospital, 5353 "G" Street, Chino Free 24 hour assessment or referral specializing in mental health. Substance abuse, in-patient, out-patient, day treatment, and free community services. Treats both adolescents and adults.	(909) 590-3700
Central Avenue Urgent Care, 8891 Central, Montclair	(909) 865-9977
Chino Valley Medical Center, 5451 Walnut, Chino Emergency department and out-patient surgery. All insurances accepted through emergency, including Medi-Cal and Medicare, as well as ability to pay scale.	(909) 464-8600
Clinical Medical Familial, 403 West "F" Street, Ontario Medical clinic and bi-lingual services. Medi-Cal and Medicare accepted. Ability to pay plan.	(909) 988-3288
Community Hospital of San Bernardino Offering free programs to San Bernardino County families with children 0-5 years old. Community Education Classes, Diabetes, Healthy Heart, Weight Loss, Freedom from smoking, parenting, Asthma, Low cost Healthy eating, and Childbirth Education Classes.	(909) 887-6333 Ext. 4734
Doctors Hospital / Montclair Hospital Medical Center, 5000 San Bernardino, Montclair Emergency room services, family birthing center, and community programs. All insurances accepted, including Medi-Cal and Medicare.	(909) 625-5411
Family & Elder Care Clinic, 400 North Pepper Avenue, Colton A specialist clinic of Arrowhead Regional Medical Center. Serving 65years old and older only. Medicare and Medi-cal. Visit web site: www.arrowheadmedcenter.org	(909) 580-1675
Fontana Family Health Center	(909) 422-8029
Health Center Women and Children, 756 N. Euclid Ave. Ontario Health center for women/children.	(909) 395-0030
Heartland Home Health Care and Hospice, 1700 Iowa Avenue Suite 280, Riverside We provide quality home health and hospice care to patients throughout Riverside and San Bernardino counties. We provide care for the mind, body and spirit that is comforting and compassionate. We respect our patients' and families' choices. We accept and support our patients wherever they are in life's journey	(951)369-8604
Inland AIDS Project, 3756 Elizabeth St., Riverside Provides health care, support services and advocacy for person offered by HIV in the Inland Regions	(951) 300-2333
Inland Empire Community Health Center, 18601 Valley, Bloomington Provides services in the Bloomington area. General health services, OB/Gyn, and dental services. Insurances through Medi-Cal, Casa Molina, IEHP, and Medicare.	(909) 877-0510

Inland Hospice Association, Claremont	(909) 399-3289
Provides physical, emotional and spiritual support to terminally ill people and their families. Also provides “simple gifts”, which help frail, elderly, and chronically ill individuals. No charge. Additionally provides grief and bereavement and loss support groups.	
Kaiser Permanente, 9961 Sierra Ave. Fontana	(909) 427-5000
Provides medical services to Kaiser insured.	
Kids Come First Community Clinic, 1501 South Bonvue Avenue, Ontario	(909) 673-9125
Free Health Care for children in Ontario- Montclair School District.	
Kindred Hospital, 550 N. Monterey, Ontario	(909) 391-0333
Long term acute rehabilitation center. No emergency services.	
Loma Linda University Medical Center, 11234 Anderson Street, Loma Linda	(909) 796-7311
Children’s hospital, mental health, and chemical dependency. 24 hour emergency care. Provides care to those on Medi-Cal and those without insurance.	
Loma Linda University Medical East Campus, 25333 Carton Road, Loma Linda	(909) 796-0167
Offers Urgent care, outpatient surgery, and rehabilitation.	
Loma Linda Ronald McDonald House, 11365 Anderson Street, Loma Linda	(909) 558-8300
The Loma Linda Ronald McDonald House is open to families of children who are hospitalized and undergoing treatment and / or receiving treatment on an outpatient basis as Loma Linda University Children’s Hospital and other area hospitals.	
Molina Medical Center, Fontana	(909) 467-0797
Family practice and pediatric services. Provides family care, including family planning, free breast exams, pap smears, and pregnancy tests. Covers cost of prescriptions for disease or UTI. Also provides physicals for men with regard to family planning. Regular checkup costs \$21 to \$50. Free vaccines and physicals for Child Health and Disability Prevention Program (CHDP) for children ages birth – 18 years of age.	
Montclair Day Clinic	(909) 399-3173
Patients are seen by appointment only on Monday and Thursdays from 8:30 a.m. – 4:30 p.m. Services available: general health care, physicals, high blood pressure screening and treatment of diabetes, treatment of infections, lab services. All services provided at low cost, and clients with limited income may qualify for sliding scale fee. Free to low cost services.	
Montclair Medical Clinic	(909) 625-9464
Patients are seen by appointment only on Monday, Wednesday, and Thursdays from 5:30 – 8:30 p.m. Services available: general health care, physicals, high blood pressure screening, treatment of diabetes, treatment of infections, and lab services. All services provided at low cost. Clients with limited income may qualify for sliding scale fee. Free to low cost services.	
Planned Parenthood of San Bernardino Counties	(909) 890-5515
Provides confidential, affordable, high quality reproductive health care, and education in family planning. Visit web site: www.pposbc.org	
Pomona Valley Hospital Medical Center, 1798 N. Gary Pomona	(909) 865-9500
Central Avenue Urgent Care	(909) 865-9977
Walk-in, out-patient medical clinic. Also offers physical therapy and open MRI. 24 hour emergency department and full service hospital	
San Antonio Community Hospital, 999 San Bernardino Road, Upland	(909) 985-2811
24 hour emergency department, physician referral service, family care center, out-patient services, and diabetes treatment center. All insurances accepted, also ability to pay services.	
San Bernardino County Behavioral Health Children’s Crisis Response Team, Rialto	(909) 421-9233
Mobile team that responds to a specific location to de-escalate situations where a child is hurting self or others. Team will remain with the child until medically cleared, transferred, and placed in facility or hospitalized.	
San Bernardino County Public Health	(909) 356-6733
Provides HIV testing, T.B. testing, OB/Gyn services, mental health services, and infectious disease referrals.	

<p>San Bernardino County Public Health Maternal Health Section, Fontana Provides prenatal care and pregnancy testing.</p>	<p>(909) 356-3415</p>
<p>San Dimas Community Hospital, 1350 W. Covina Bl., San Dimas Offers 24 hour emergency care and community family programs. Medi-Cal accepted.</p>	<p>(909) 599-6811</p>
<p>Sunrise Medical Center, 437 N. Euclid Ave. Suite A, Ontario Provides” Family PACT Program (family planning), and CPSP (Comprehensive Prenatal Service Program), a free program for up to two months while individuals apply for Medi-Cal. CHPS (Children Health Prevention Services). \$40 for first visit and \$30 after. Also free mammograms and breast exam for women over 40. The Center asks no questions concerning immigration or residence status.</p>	<p>(909) 988-2555</p>
<p>Tri City Mental Health, 2008 North Gary Avenue, Pomona Hours 8am-6pm. Providing services for children and families. Emergency Services, 822 N. Gary Ave.</p>	<p>(909) 447-3400</p>
<p>VA Medical Center, 11201 Benton St., Loma Linda Provides Outreach & Homeless Program, Grant Per Diem HUD-VASH, Justice Outreach and Addiction Treatment Program. www.va.gov</p>	<p>(909) 825-7984 X 3776</p>
<p>Visiting Nurse Association and Hospice of Southern California, Inc., 150 West 1st Street Suite 270 Claremont Provides home health services in patients’ homes, hospice services in the home or in a skilled nursing facility, and respite services for full-time caregivers throughout the Inland Empire.</p>	<p>(909) 624-3574</p>

Legal Aid

California Department of Fair Employment and Housing

(800) 884-1684

Investigates complaints of harassment or discrimination in employment, housing, public accommodations, and services based on race, color, ancestry, religious creed, sex, sexual orientation, disability (including AIDS and HIV diagnosis) or national origin. Also investigates incidents of violence or threats of violence based on race, color, religion, etc. No fees. Call for appointment. Visit web site: www.dfeh.ca.gov

Catholic Charities Refugee and Immigration Services

(909) 388-1243

Immigration, provides low cost with high quality immigration services, including completing applications for Green Card, Family Petition, Work Authorization, Naturalization, Violence Against Women Act (VAWA), advice, and referrals, Hours, Monday, 1-3PM, Tuesday, 9:30-11:30AM, Wednesday, 1-3PM, Thursday, 3-5PM, Friday, 10-12AM.

Equal Rights Advocates

(800) 839-4372

Advice and counseling line provides legal advice and information, including rights, options and remedies in sex discrimination, and sexual harassment in employment and education.

Inland Counties Legal Services

(800) 977-4257

Provides free legal consultation to no-income or sliding scale individuals in San Bernardino County. Services and classes offered in child custody, divorce, and restraining orders. Classes include properly filling out forms and how to file with the court. Call for appointment.

Hermanidad Mexicana Nacional, Ontario

(909) 391-0067

Information on immigration, legalization, citizenship testing, referrals to lawyers, and health clinics.

L.A. Neighborhood Legal Service

(800) 433-6251 Ext. 114

Offers Immigration assistance Monday, Wednesday, and Friday 9 a.m. – 3 p.m.
www.nls-la.org

Lawyer Referral Service

(909) 945-2980

Referrals to members of the State Bar Association of California.
www.wsbca.org

Legal Aid Clinic of San Bernardino Family Law

(909) 889-7328

Provides assistance in family law, guardianship, and evictions. Open Monday, Tuesday, and Thursday from 9 a.m. – 12 p.m. Ability to only serve 50 people a day. www.disabilityrightsca.org
3580 Wilshire Blvd. Suite 902, L.A.
TDY #

(213) 427-8747

Protection Advocacy, Inc.

(800) 776-5746

Assist people with disabilities to protect, advocate for, and advance their human, legal and service rights.

Victim / Witness Services Program, Rancho Cucamonga

(909) 945-4241

Offers the following services for victims and witnesses of crimes; crisis and emergency services referrals (including counseling, food, shelter, clothing, medical care and transportation), court information, court support, property return, employer intervention, restitution assistance, credit intervention, and victim compensation claims.

Vista Legal Services, Ontario

(909) 984-9555

Provides Immigration, assistance in filing forms for family petitions and case consultation.
www.issontarioaol.com

Senior Services

Adventist Community Team Services (ACTS), 24914 Barton Road, Loma Linda Provides help for seniors by providing meals on wheels. Loma Linda Only	(909) 796-8357
AHDV Redwood Terrace Apartments, 8181 Redwood Avenue, Fontana Provides Senior Housing for ages 62 & older. Call for Appt. 6 mos. – 1 yr. Waiting list	(909) 428-4100
Alzheimer’s Association Helpline Sponsors family support groups for care givers and provides information regarding medical, nursing, and respite care. www.alv.org/califorinasouthland	(800) 660-1993
Courtyard Apartments, 8185 Palmetto Avenue, Fontana Senior Housing for ages 55 & older.	(909) 356-8526
Delmann Heights Community Center, 2969 North Flores Street, San Bernardino Provides lunches for seniors, games, and classes.	(909) 384-5417
Department of Aging and Adult Services Provides information for senior and individuals with disabilities (IE: housing, transportation, counseling, health program, utilities, and legal services). Visit web site: www.hsscounty.gov/daas	(909) 829-8515
Department of Aging Services Senior Information assistance program for San Bernardino County seniors age 60 + and individuals that are disabled.	(800) 510-2020
Dino Papa Vero Apartments, 16707 Marigold Avenue, Fontana Provides Senior Housing ages 62 & older. Low income	(909) 350-0575
Discharge Planner A referral hot line offering directory for Seniors and the Disabled (9 counties). www.dischargeplanner.net	(877) 347-7526
Fontana Senior Safety Network Consists of a group of individuals and agencies serving the senior community to bring awareness of crime trends, fraud schemes, and safety hazards. Dissemination of protection and prevention information. Referral service for activities, support groups, and resources.	(909) 350-7758
Fountains at Sierra Apartments, 16946 Ceres Avenue, Fontana Provides Senior Housing ages 55 & older.	(909) 854-8783
Frazee Community Center Shelter, San Bernardino Provides emergency food, shelter, and clothing for elderly homeless people. Homeless Veterans Program available.	(909) 889-4424
Gardens at Sierra Apartments, 16838 Ceres Avenue, Fontana Senior Housing apartment complex.	(909) 854-7400
Housing Authority of the County of San Bernardino Provides referrals for senior housing.	(909) 983-1318
Inland Fair Housing and Mediation Board, Upland Educates/investigates housing discrimination complaints; mediates landlord/tenant disputes. Senior services provide assistance with renters’ assistance/HEAP applications; housing counseling provides counseling on reverse mortgages and first time homebuyer classes. Visit web site: www.inmedbd.com	(909) 984-2254
Knopf Senior Center, Fontana Offers senior transportation program for Fontana senior residents age 55 and over. The service will transport residents to hospitals, doctors, shopping, and beauty shops within the city limits of Fontana, as well as to the Knopf Senior Center lunch program. To make reservations call (909) 428-8377 at least 48 hours in advance for an appointment. Free health assessments, including blood pressure checks, vision screening, hearing assessments, check-up on anemia, diabetes, and nutritional counseling. A nurse is available every 3rd Wednesday of each month from 9:00 a.m. – 12:00 p.m. Walk-in’s welcome. Call (909) 387-4881 or 387-3173 for more information. Attorney services 2nd Monday from 9:00 a.m. – 12:00 p.m. by appointment only, call (909) 428-8376. Home cooked meals are served Monday through Friday at 11:30 a.m. for \$3.00 per person. Other activities available to Fontana residents are Bingo, craft club, pool room, senior cinema, Koffee Klatch, T.O.P.S., and Red Hat Society.	(909) 428-8376

Long Term Care Ombudsman Program	(909) 885-1597
Advocates for residents in nursing homes and residential care facilities, as well as home health care, and skilled nurses associations. Program receives, investigates, and works to resolve problems and complaints on behalf of these residents.	
Old-timers Foundation, Fontana	(909) 829-0384
Aid to seniors age 60 and over, assisting with rental rebates, and other legal paperwork. Help with minor maintenance in home. A place where seniors can fellowship with one another. Offers Bingo and potlucks. Daily meals are served at all senior centers in Fontana. Also provides meals on wheels to those seniors who are restricted to their homes.	
Pet Assistance Foundation, Fontana	(909) 373-6145
Offers services include spaying and neutering. Referral for kennels. Provides Herdina fund to seniors age 55 and over.	
RSVP West Valley (Retired and Senior Volunteer)	(909) 482-0355
Recruits and places seniors 55+ years for non-profit volunteer work to meet community needs in Bloomington, Chino, Chino Hills, Colton, Fontana, Grand Terrace, Montclair, Mt. Baldy Village, Ontario, Rialto, Rancho Cucamonga, and Upland. Seniors are trained how to protect themselves against fraud and how to survive the first critical 72 hours in the event of a major disaster. Preventing falls	
Senior Information and Assistance, Fontana	(800) 510-2020
In home support services, senior information, and assistance. Multi senior service program, linkages, senior employment, nutrition program, family caregiver support program, adult protective services, and long-term care Ombudsman program.	
Senior Nutrition Services	(951) 342-3057
Provides meal delivery and more, call for details.	
Sonrise Senior Citizen Villa Apartments, 7222 Sierra Avenue, Fontana	(909) 355-8522
Senior Housing apartment complex. Low income	
South Pointe Villa Apartments, Rialto	(909) 874-9110
Senior Housing- Low income section 8 allowed for ages 62 & older.	
Village at Sierra Apartments, 8684 Sierra Avenue, Fontana	(909) 350-2188
Senior Housing for ages 55 & older.	

Shelters /Transitional Housing

Agape House, Fontana Offers Homeless and domestic violence programs for women 18-25 with children ages birth to 10 years.	(909) 574-5679
Alternatives to Domestic Abuse Riverside Shelter for Women and Children	(951) 320-1370 (951) 339-7233 (SAFE)
Better Way Shelter Outreach, Victorville Male or Female Domestic violence Victims.	(760) 955-8010
Casa de Paz, Riverside Provides help for domestic violence and outreach programs. Domestic Violence Shelter is a 45 day to 6 months stay for women & children 0-18 years old only.	(951) 683-0829
Catholic Charities/Community Serves Administration, 1450 North "D" Street, San Bernardino Referral service for shelters	(909) 880-3625
Central City Lutheran Mission, 1354 North "G" Street, San Bernardino Provides Men's shelter /cold weather shelter only. January thru March	(909) 381-6921
Chicana Christian Foundation, Pomona Hotline for Domestic Violence	(909) 620-0383 (800) 548-2722
Circle of Hope Family Shelter, Corona Two programs available. 1) Emergency shelter on a night-to-night basis for single women, women with children, dads with children, and couples (with marriage certificates or same last name) with children. No single men. Required to be out by 8 a.m. the following morning, but able to come back after 4:30 p.m., for a total of 90 nights. Provides showers, breakfast, dinner, and sack lunches for children before they leave the facility. 2) A 9 month transitional shelter with 3 family dorms for women with children, single women with no children; and 4 rooms for married couples with children, single moms with boys over 10 years of age and single dads. By Appointment only.	(951) 278-2215
Community Action Partnership Family Development Program, 696 South Tippecanoe Avenue, San Bernardino Provides transitional housing, shelter for low income families, Healing assistance, IDA, Food Bank, Homeless, and Human Resource services.	(909) 723-1500
Crisis Line Riverside Corona and Hemet For Domestic Violence. Females Only	(951) 683-0829
Daily House Network, 1067 "D" Street, Ontario Provides transitional housing program for recovering men and women. Free assessment, referral services for medical detox treatment for alcoholism and drug dependency, substance abuse counseling, aftercare treatment, on site drug, and alcohol screening, introduction to 12 step program, and short or long term residence.	(909) 460-7691
Desert Manna, 209 North 1st Avenue, Barstow Provides shelter for men, women and families. 30 day programs for 24 hours shelter, 3 - 7 day trial period first. Zero tolerance for drugs & alcohol. Visit web site: www.desertmanna.org	(760) 256-7797
Door of Hope Offers 6-12 months intensive program transitional housing, 7 rooms/spaces food and shelter to enable one to save \$\$ to get in your own place. For families and single moms with kids 10 years & under.	(626) 356-3667
Doves of Big Bear, Big Bear Lake Provides shelter for women and children of domestic violence. This facility provides 17 beds with two outreaches, Big Bear & Blue Jay.	(909) 866-1546
Downtown Work Source Center, Pomona Provides shelter for homeless families and for domestic violence. Offers a resource center, equipped with computers and fax machines for public use, rental assistance, clothing through donations, counseling, and job training to those in need. Hours: M, W 8-5, Tue., Thu. 8-7 & Fri. 8-2. Walk -in	(909) 620-0383

Foothill Family Shelter, 1501 West 9th, Upland 120-day and one-year housing programs with support services for homeless families in transition. Tues.-Fri. 7:30 am - 5:00pm	(909) 920-5568
Frazee Community Center Shelter, 1140 West Mill Street, San Bernardino Provides emergency food, shelter, and clothing. Homeless Veterans Program available.	(909) 889-4424
God Cares Ministry, Rialto Provides assistance to men on parole with meals, shelter, and help in finding a job. COSTS \$500.00 A MONTH	(909) 938-9856
Harold's Help Desk / Foothill Family Shelter, Upland Services offered for homeless Individuals with unresolved misdemeanors, Social services Information/Referrals Emergency Food Assistance. Wednesday and Friday 9:00 am - 4:00 pm.	(909) 920-5568
High Desert Domestic Violence, Victorville Offers battered women and children 30 day shelter with outreach services, parenting classes and financial growth counseling.	(760) 949-4357
His House Men's Sober Living, Upland Offers housing for men, but must be attending AA or NA meetings.	(909) 985-4562
H O P E Referral agency to assist homeless. Limited hours.	(909) 983-5783
Housing Authority (Section 8)	(909) 983-1318
House of Ruth Inc., San Bernardino Advocates for and assists battered women and their children by providing shelter, programs and education opportunities for safe and self-sufficient living.	(909) 988-5559
House of Ruth, Claremont	(909) 868-8019
Inland Temporary Home, Loma Linda Provides 30-90 day emergency shelter for families with at least one child under the age of 17.	(909) 796-6381
Inland Valley Council of Churches Offers emergency shelter only Mon.- Fri. 9:00am-11:00am and 1:00pm-3:00pm.	(909) 622-3806
Intervision Christian Men's Homes, Ontario Two homes, one for women, and one for men. This is a one year program for Christian individuals who wish to continue their walk with the Lord in a 24 hour supervised home while transitioning back into society. No smoking allowed. Must be 18 years of age. Cannot be on medication (not dual diagnostic). Individuals who are recovered drug and alcohol users, parolees, and those on probation are welcome.	(909) 923-1193
Jericho Outreach Christian Men's Home, Chino Sober living home for men who have completed a treatment program. Home is Christ centered with residents going to work each day, and attending Bible study, and church services. Ages 18 and over.	(909) 591-9077
Mercy House, Ontario Transitional shelter for single men, single women and single mothers with kids under kids under 10years of age, no more than 2 children. Visit web site: www.mercyhouse.net	(909) 460-6768
Operation Grace, 1595 East Art Townsend Drive, San Bernardino Assistance in finding housing for low income women and families. Must be able to work and pay rent. There are 5 beds. No Children (There is a food bank on Tuesday from 10am-12pm walk-ins welcome). No walk-ins for housing must have appt. M-F 9am-2pm	(909) 382-8540
Operation Safe House Inc., 9685 Hayes Street, Riverside Shelter, intervention for homeless or runaway teens 11-17 years of age, boys and girls. Counseling available.	(951) 351-4418
Option House, San Bernardino Outreach services at the Court house in San Bernardino to assist with completion of paperwork in temporary restraining orders and child custody. Provides shelter for domestic violence victims, offers women's support groups, and domestic violence training. Visit web site: optionhouse.org	(909) 381-3471

Our House, PIVCC, Pomona	(909) 622-3806
Inland Valley of Churches offer 30 - 90 day emergency shelter for men (father's with children, no single men), and women (single, or with children ages birth – 13 years). Also provides showers, and meals.	
Pacific Lifeline, 834 Alpine, Upland	(909) 931-2624
Long term transitional shelter for women and their young children (up to 12 years old). Services include case management, individual group, and family therapy, children's program, and graduate program.	
Path of Life Ministry, Riverside	(951) 683-4101
Homeless shelter single women-also single men no children.	(951) 697-4195
Moreno Valley	
Family Shelter	(951) 275-8792
Project Achieve, Riverside	(951) 275-8755
Shelter for men and women offering 60 day programs. Provides shower facilities, breakfast and dinner, and has washer/dryer for clients. Case manager assigned.	(951) 275-0004
Project Home Again, 1963 North "E" Street San Bernardino, Redlands	(909) 881-6146
"Referral line Only"- Provides qualifying homeless individuals with case management and assistance in life improvement residential stability programs.	
Redlands	(909) 793-2673
Riverside Men and Family Shelters	(909) 386-0787
Men's shelter for homeless men and family shelter for single women or single parents with children (children's birth certificates are required). Provided on a first come, first serve basis. Agency provides referrals, job counseling, employment preparation, social services, educational tutoring, and counseling.	
Salvation Army, 1412 South Euclid Studio 408, Ontario	(909) 986-6748
Provides emergency food and shelter, limited utility assistance, counseling, licensed childcare, informal education, holiday gifts, and spiritual guidance.	
Salvation Army, 363 South Doolittle Road, San Bernardino	(909) 889-9604
Men Only, Ages 21-62	
San Bernardino County Department of Behavioral Health Housing Program	(909) 388-4133
Assists individuals in securing safe and affordable housing. Also links affordable housing to resources, including job training and placement, health care, and education.	
San Bernardino County Department of Behavioral Health Homeless Program	(909) 388-4120
Provides basic needs (food, housing, and clothing), case management, employment, and outreach services to homeless and mentally ill adults.	
Set Free Ministry, 2511 10th Street, Riverside	(951) 682-0960
Provides shelter for homeless men and women with children. Will accept individuals with substance abuse problems, on parole/probation, and child custody cases. No physic. Meds. Visit web site: www.setfreeriv.com ,	
Shelter for the Homeless, 15161 Jackson Street, Midway City	(714) 897-3221
Transitional and Permanent Housing for single men, single women and families.	
U- Turn for Christ	
20170 Patterson Avenue, Perris: Men and Women's Ranch	(951) 943 -7097
3540 White Mountain Ranch Road, Camino: Men's Ranch	(530) 644-1982
Veronica's Home of Mercy, 1476 West 6th Street, San Bernardino	(909) 888-9064
Residential homes for an alternative to domestic violence, addictions, abortions, or homeless. For women with children up to 12 years old, 1-2 year program.	
YMCA, Pomona	(909) 623-6433
For single men. \$200 security dep. and \$400 per month	

Substance Abuse

Action Alliance Sober Living Services, Fontana AA/NA based program. Both men and women's houses. Program fees are \$110.00 a week.	(951) 544-8733
ADS Treatment Services	(909) 421-9465
ALANON and ALATEEN, Inland Empire Offers programs for families and friends of alcoholics.	(909) 824-1516
Alcohol & Drug Services Administrations, 850 East Foothill Blvd. Suite D Rialto Referral line	(800) 968-2636
Alcoholics Anonymous, Colton Please call for meeting times. Support group for individuals seeking sobriety. No fees. Visit web site: www.inlandempireaa.org	(909) 825-4700
American Recovery Center, 2180 Valley, Pomona Impatient and outpatient programs available.	(909) 865-2336
Bilingual Family Counseling Services, 317 West "F" Street, Ontario Offers drug and alcohol programs.	(909) 986-7111
Cedar House, 18612 Santa Ana, Bloomington Provides housing for men and women. Out patient and DUI out patient classes.	(909) 421-7120
Central Valley Regional Recovery Center	(909) 433-9824
Chino Multiple Diagnosis Clinic Offers help for children and adults with dual diagnosis (chemical dependency and mental health issues). Sliding scale.	(909) 590-5355
Cocaine Anonymous Hotline, Riverside For those individuals desiring to stop using cocaine. No fees or dues.	(951) 359-3895
Daily House Network, 1067 E. D Street Ontario Offers transitional living for people in recovery.	(909) 460-7691
Department of Public Social Services, San Bernardino Applicants for welfare, Medi-Cal insurance, general relief assistance, and one time homeless assistance. Walk-ins welcome.	(877) 481-1044
Desert Vista Recovery Center, 308 East Fredrick Street, Barstow	(760) 256-7313
Fontana Police Tip Line Anonymous reporting of narcotics related activity within the City of Fontana.	(909) 428-8397
Fontana Regional Recovery Center Substance Treatment or Referral for adult men and women. Medical, Prop 36, CPS, Cal Works, PSN, and walk-ins welcome. Fees based on sliding fee scale for clients who do not fall under one of the County Provided funding sources.	(909) 822-8720
Full Circle Outreach, Norco Phase 2 Residential Structured Restoration Programming is directed toward men. 6 month commitment minimum. Must work and pay rent attend bible teachings, individual counseling sessions with certified counselors; also offer biblical marital and family counseling.	(951) 737-6199
Inland Empire West Narcotics Anonymous Provides individuals with meeting dates/times and locations within their local community. No fees or dues. Only requirement is the desire to stop using drugs.	(800) 863-2962
Inland Valley Drug and Alcohol, 375 Main Street Suite 111, Pomona DUI, 1st and 2nd offenders programs. Men and Women Residential	(909) 622-7311

Inland Valley Recovery Services, 916 N. Mountain Avenue, Suite A, Upland	(909) 932-1069
Out patient program all ages. Women and children's inpatient 18 + / Detox 18+. Mon.-Fri.8:00am- 5:00pm. Provides substance abuse services to low/moderate income individuals Visit web site: www.inlandvalleyrecovery.org	
Inland Valley Recovery Services, 934 N. Mountain, Upland, CA. 91786	(909) 949-4667
Provides drug and alcohol counseling. Also various 12-step support group meetings including Alcoholics Anonymous, anger management, and domestic violence counseling. Visit web site: www.ivdars.org	
Matrix Institute Inland Empire, 11777 Sabastian Way Suite 102B, Rancho Cucamonga	(909) 989-9724
Outpatient drug abuse program. Offers adolescent program. Sliding scale fee. Insurance accepted.	
Mental Health Services Drug and Alcohol Abuse Hotline	(800) 454-8966
Counselors available to take one-on-one crisis calls 24 hours.	
Morongo Basin Mental Health	(760) 365-3022
Mountain View Community Church, 8833 Palmetto Ave. Fontana	(909) 357-9377
Substance abuse referrals given and NA/AA meeting and Bible Study. Visit web site: www.mview.org	
Narcotics Anonymous	(800) 397-2333 (909) 370-3568
Non profit fellowship for recovering addicts that meet regularly to help one another stay clean. The only requirement is the desire to stop using.	
New Creation / His House, Upland	(909) 981-6121
Substance abuse program/ outpatient counseling.	
Panorama Ranch, 65675 Sullivan Road, Joshua Tree	(760) 366-9100
Peace In the Valley Christian Center, 17487 Arrow Blvd., Fontana	(909)355-2008
PC1000 Drug Diversion Program for 1st time adult court ordered drug offenders. Classes in Spanish and English and on Saturdays.	
Project Home Again (IBHS), 1963 N. East. Arrow Hwy. Pomona	(909) 881-6146
Out Patient programs available.	
Prototypes, Pomona	(909) 398-4383
Programs offered for those who struggle with mental health and substance abuse issues. Outpatient and day treatment services. Call for an appointment. Visit web site: prototypes.org	
Prototypes Women's Center, 845 E. Arrow Highway, Pomona	(909) 624-1233
Residential women's rehabilitation center.	
R.A.P. (Rehabilitation Alcohol Program) Community Recovery Services, Fontana	(909) 356-9390
Classes for those that have been arrested for DUI and ordered by the Court or DMV to attend classes.	
Reach Out West End, Inc., Upland	(909) 982-8641
Volunteer mentoring program for middle school students and a drug diversion program (PC1000) and for first time adult court ordered drug offenders.	
Redlands Guidance Center	(909) 335-7067
Barstow	(760) 256-0376
Highland	(909) 425-9316
Victorville	(760) 245-9446
Yucaipa	(909) 790-1300
RIM Family Services	(909) 336-1800
Sac Health Systems-Norton	(909) 382-7135
San Bernardino County Alcohol and Drug Administration Perinatal Outreach Program	(909) 854-3440
Free program for women who are addicted to drugs/alcohol. Referral programs for residents of San Bernardino County.	

San Bernardino Department of Behavioral Health

(909) 854-3440

Mental health services/medication and case management. Accepts Medi-Cal.

San Bernardino Drug Court

(909) 386-0523

ST. John of GOD

(760) 241-4917

Valley Improvement Program, 210 West "B" Street, Ontario

(909) 983-3665

Court ordered PC1000 program, and court ordered counseling for alcohol and drug abuse, and DUI. County fees applicable.

Transportation

1-(800) Commute Provides an automated system that allows users to use their phone to connect to over 40 local bus, rails, ride sharing, highway, and bicycle agencies.	(800) 266-6883
Community Action Partnership of San Bernardino County, 696 S. Tippecanoe San Bernardino Provides assistance with bus passes.	(909) 723-1500
Foothill Transit	(800) 743-3463
Knopf Senior Center, Fontana Will transport residents to hospitals, doctors, shopping, and beauty shops within the city limits of Fontana.	(909) 428-8377
Low-Cost Car Seat Safety Program, San Bernardino Offers two programs; 1) For parents wishing to purchase a low cost car seat for \$25. Must attend safety class prior to purchase. Classes are in English or Spanish. 2) Classes for those individuals that have received a violation for not using seat belts or not properly restraining children in a car seat.	(909) 387-6253
Metro link Offers discounts for seniors and students.	(800) 371-5465
OmniTrans Discounts for disabled, students, and seniors.	(800) 966-6428
OmniTrans Access (dial a ride) Provides transportation services to permanently and temporarily disabled individuals, once approved by OmniTrans. Call (800) 966-6428 for approval process.	(800) 990-2404
Traveler's Aid of the Inland Empire Provides emergency one-way Greyhound bus ticket to the destination of a friend or family home anywhere in the contiguous U.S. Must be over 18 years of age, and have someone at the destination City that will vouch for the individual, and agree to provide food and shelter for them.	(909) 975-5461

Youth Services

Alateen Meetings, 1690 White Avenue, Pomona For the homeless and needy. Pomona Residence Only.	(909) 397-5045
Alternative Avenues, Upland Services to young women in crisis pregnancy situations. Pregnancy testing, counseling/parenting classes, adoption support, clothing, and baby items. Visit web site: www.alternateavenues.org	(909) 920-5518
Boy Scouts of America Old Baldy Council, Ontario Provides citizenship, character, and leadership development through group activities including informal education, physical fitness, crafts, and camping. Fee \$10. Visit web site: www.obcbsa.org	(909) 983-4534
Boys and Girls Clubs Fontana Pomona Valley Membership program for children and teens ages 6-18 years of age. Cost to join is \$15 per year. Club offers homework help, athletic leagues, computer lab, arts, crafts, game room with air hockey, Foosball, pool table, ping pong and swimming lessons. www.bsa-ciec.org	(909) 822-4988 (909) 623-8538
California Youth Crisis Line 24 hour / 7 day a week crisis line providing counseling service for youth, parents or individuals concerned about a young person age 12 – 24 years of age. Statewide referral system for agencies in dealing with youth ages 12 – 24. No fee. Visit web site: www.youthcrisisline.org	(800) 843-5200
Chaffey Joint Union High School District Ontario CLASS – Community Liaison and Academic Support Services. Serving the west end of San Bernardino County, except for Chino. Works with the McKinney-Vento families, pregnant and parenting teens, foster youth, and supplemental services to schools in program improvement.	(909) 988-8511 Ext. 2726
Child Protective Service	(800) 540-4000
Children of the Night Provides shelter for runaways.	(800) 551-1300
County of San Bernardino, Department of Public Health Prenatal and Adolescent Life Section For teen pregnancy, vouchers assistance, baby supplies	(909) 388-5600
Covenant House Offers safe house for women and children. No fee.	(800) 999-9999
Delmann Heights Community Center, 2969 North Flores Street, San Bernardino Contact Kevin Greene 909-963-8060 (cell/work)	(909) 384-5417
Department of Behavioral Health Children's Crisis Response Team, Rialto Provides crisis intervention where the child is located, evaluates child for danger to self and/or others. Locates psychiatric hospital bed, if needed. Provides transportation to psychiatric hospital if it can be done safely, and child is appropriate for transfer. Provides follow up services to link child and family to mental health services. Works with child and care takers to develop safety and crisis prevention plans. West-Valley High Desert Morongo Basin	(909) 421-9233 (909) 458-9628 (760) 956-3766 (760) 228-5329
Department of Children's Services, Rancho Cucamonga Pomona	(909) 945-3762 (909) 397-4219
Fontana Teen Center	(909) 350-2402
Fontana Unified School District- Child Welfare To report abuse or neglect of a child.	(909) 357-5000
Girls and Boys Town National Short term crisis line for children, parents or guardians, providing counselor for crisis intervention, and also provides referrals for help in local communities. Bilingual www.boystown.org	(800) 448-3000

Girl Scouts Council, 1751 Plumb Lane, Redlands Offers activities for girls 1st grade through high school. www.gssga.org	(909) 307-6555
Heartland Hospice, 1700 Iowa Avenue Suite 230, Riverside Offering volunteer opportunities to students looking to meet service hour requirements. Volunteer openings for patient visitors, crafters and office help. Call or email to 4685officestaff6@hcr-manorcare.com. San Bernardino & Riverside Counties.	(951) 369-8604 Ext. 112
National Runaway Switchboard Report runaways home free program for youth to return home. www.runaway.org	(800) 786-2929
National Youth Crisis Hotline Hotline available 24 hours for kids in crisis that just need to talk. www.operationsafehouse.org	(800) 442-4673
Operation Safe House Inc., 9685 Hayes Street, Riverside Provides shelter and Intervention for homeless or Runaway Teens.	(951) 351-4418
Safe House for Kids, Riverside Shelter for troubled youth ages 12-17 years, another facility for young adults age 18-21	(951) 351-4418
San Bernardino 4-H Club Activities for teens. Youth ages 5-19 years. Fee is \$17.50 per year.	(909) 387-2179
Teen Line 6:00- 10:00 talk to teens one on one at this time. Office #	(800) 852-8336 (310) 423-3401
We Tip Inc. Hotline to report crimes. Callers can remain anonymous.	(800) 782-7463
Youth Employment Opportunity Program Aide, 814 West Colton Avenue, Redlands Workforce Services	(909) 798-1795